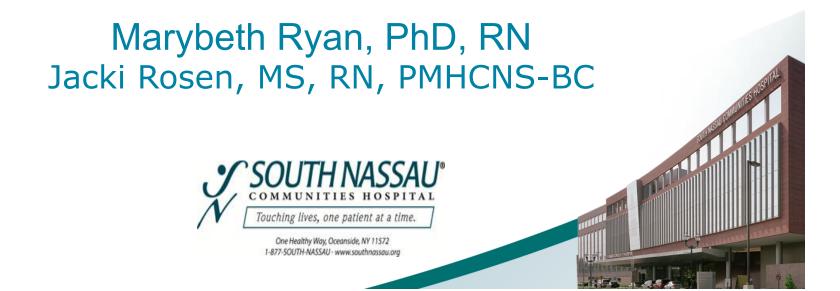
Adelphi University School of Nursing and the Alpha Omega Chapter of Sigma Theta Tau International Tenth Annual Nursing Leadership Conference

Creating New Initiatives in Unchartered Water: The Virtual Nursing Journal Club and Nursing Research Fellowship Program



Objectives

At the conclusion of this session learners will be able to:

 discuss an interactive mechanism for nurses that will help them to critically evaluate nursing research studies and keep abreast of current research findings.

 describe a hospital initiative that promotes nurse-initiated research studies.

The Virtual Nursing Journal Club (VNJC)

Jacki Rosen MS, RN, PMHCNS-BC



Planning The Program

Why Virtual?

Literature review - Journal clubs



- Promote EB nursing practice
- Improve quality of patient care
- Promote an increased awareness of research
- Educate about research utilization

Barriers to Journal Clubs

Literature review

- Time
- Lack confidence leading
- Interest
- Comfort with current practice



Purpose of VNJC

To provide an interactive mechanism for nurses that will help them to:

- critically evaluate nursing research studies
- keep abreast of current research findings
- promote an evidencebased practice environment by translating new research knowledge into practice
- strengthen collegial relationships within South Nassau

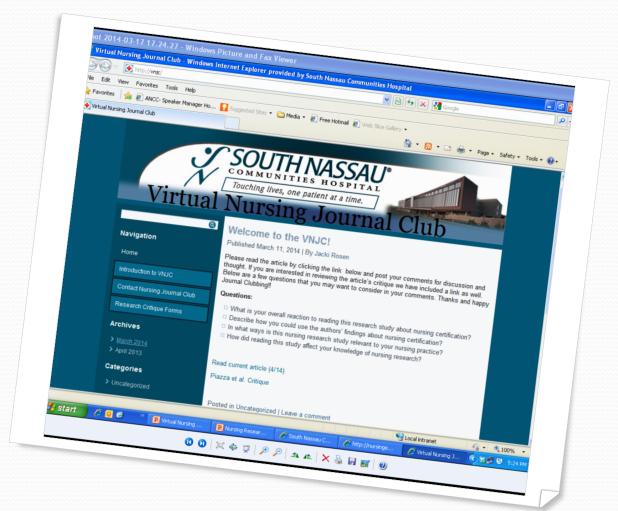
Creating the VNJC

- Reviewing the literature
- Program development
 - Process
 - NREBPC work group
 - Shared review of literature
 - Selecting the first article
 - Critique of article
- Collaborating with IT



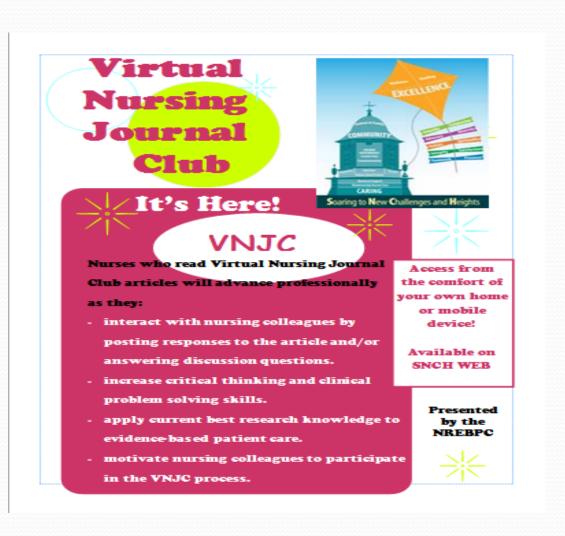
The VNJC!

Working with IT took several meetings and familiarizing ourselves with the intranet!



Marketing

- Flier
- Email
- Council meetings



Creating the VNJC

- Pilot of website
 - ❖ First article April 2013

Perceptions, Knowledge, and Commitment of Clinical Staff to Shared Governance by Karen Frith, PhD, RN & Meryl Montgomery, MSN, RN

- Contact hours
 - Enduring activity

VNJC Challenges

- Marketing
 - Interest
- Intranet literacy
- Accessibility at home PCs
- Contact hours



VNJC Outcomes

- Website visit counts
- Feedback and comments on site
- Future Plans
 - Quarterly articles with critiques
 - Home access
 - CNE contact hours

The Nursing Research Fellowship Program

Marybeth Ryan, PhD, RN



Creating the Program: Background

- A visionary leader
- An exciting new initiative
- The Magnet Journey



Creating the Program: Planning

Reviewing the Literature

- Developing Application Process
- Creating Curriculum & Forms
- Selecting and Preparing Mentors
- Administrative Details
- Contacting Guest Speakers

Program Goals

- Create an infrastructure and culture that promote nurse-initiated research studies
- Impart education related to the nursing research process
- Offer guidance and support to novice nurse researchers through mentoring

Program Objectives

The fellows will:

- Use the appropriate steps in the nursing research process to develop a nursing research study.
- Write a research proposal for presentation at a Nursing Research/ Evidence-Based Practice Council (NREBPC) and Protocol Review Committee (PRC) meeting.
- Implement a nursing research study.
- Analyze and interpret findings with statistical assistance as necessary.
- Seek guidance and support from her/his mentor throughout the program.

Program Objectives (contd.)

The fellows will:

- Share ideas with and learn from the research work of peer fellows.
- Prepare a poster to present findings to South Nassau staff at the last session.
- Identify a venue(s) for disseminating findings, through a paper and/or poster presentation, at a local, state, national or international nursing conference.
- * Report an increase in confidence, at the conclusion of the program, in the ability to initiate and conduct a nursing research study independently.
- Serve as ambassadors for the third Nursing Research Fellowship Program.

Program Design

- Eighteen month on-site program
- * 8 hours of dedicated release time monthly to attend:
 - 4 hours (am) Nursing Research/EBP Council Meeting
 - 4 hours (pm) Fellows' session
- Structured sessions educational, group sharing and mentoring
- On-going mentoring with advanced practice nurse

Eligibility Criteria

- Registered nurse
- Employed at least 2 years at South Nassau
- Employed part time or full time
- Minimum of a BSN degree
- Completed a nursing research course



Application Process

- Program advertised with application form via email and South Nassau newsletter
- Application form submitted to Nurse Scientist
- Anonymous applications reviewed by NREBPC members
- Prospective fellows interviewed
- Fellows selected and notified
- Fellows re-interviewed

Fellows' Session Format

Educating

- Pretest
- Collaborative Institutional Training Initiative (CITI Program)
- Program Coordinator, Mentors and Guest Speakers

Group Sharing

Problem-Solving, Feedback and Support



Mentoring

Individualized during last portion of session

In-Between Formal Sessions

- Fellow-Mentor Meetings/ Contacts as per mutual arrangement
- Completion of assignments due for next session
- Support from a former fellow as needed



Research Challenges

- Dedicated not protected time
- Western Institutional Review Board submissions
- Time constraints
- Subject accrual

Program Outcomes

Poster Presentations

- 2013: Adelphi/Sigma Theta Tau's Ninth Annual Leadership Conference South Nassau's Nurses' Week
- 2014: South Nassau's First Annual Research
 & Clinic Day

Program Evaluation Results:

- Pretest Average = 2.6
- Posttest Average = 3.6

Note: A paired t-Test would have been conducted to indicate statistical significance had the sample size been greater than N=5.

Future Plans

- Podium Presentations
 - ❖ 2014 NREBPC's October Nursing Research Conference



- Completion of Studies
- Writing Manuscripts
- Podium Presentations

Fellows' Completion Ceremony: Celebrating Achievements



Fellows' Nursing Research Studies

2012 - 2013

- Hospitals Empowering Lifelines through Peers (HELP) Project – (Lynn Bert)
- Attitudes & Beliefs of Perinatal Staff Nurses Regarding Implementation of the Baby- Friendly Hospital Initiative at South Nassau – (Laurel Book)
- Nurses in CCUs: Taking Grief
 Support into Their Own Hands –
 (Katie DeMelis & Nydia White)
- The Effects of Oral Intake of Clear Fluids During First Stage Labor on Maternal Satisfaction & Neonatal Hypoglycemia – (Madeline Cozzi-Gottlieb)

2014 - 2015

- The Lived Experience of African-American Women Who Have Had Bariatric Surgery – (Irene Ficaro)
- Prenatal Education via Social Networking: A Survey – (Janice Campbell)
- The Effect of Animal-Assisted
 Therapy on Oncology Patients' Pain –
 (Liz Bachoo-Garib)
- Educating Nurses about Self-Care
 Strategies (Dena Alberti)

Questions and Feedback

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