

Adelphi University School of Nursing and the Alpha Omega Chapter  
of Sigma Theta Tau International  
Tenth Annual Nursing Leadership Conference

# Creating New Initiatives in Uncharted Water: The Virtual Nursing Journal Club and Nursing Research Fellowship Program

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# Objectives

At the conclusion of this session learners will be able to:

- discuss an interactive mechanism for nurses that will help them to critically evaluate nursing research studies and keep abreast of current research findings.
- describe a hospital initiative that promotes nurse-initiated research studies.



# The Virtual Nursing Journal Club (VNJC)

Jacki Rosen MS, RN, PMHCNS-BC



# Planning The Program

## Why Virtual?

Literature review - Journal clubs

- ❖ Promote EB nursing practice
- ❖ Improve quality of patient care
- ❖ Promote an increased awareness of research
- ❖ Educate about research utilization



# Barriers to Journal Clubs

## Literature review

- ❖ Time
- ❖ Lack confidence leading
- ❖ Interest
- ❖ Comfort with current practice





# Purpose of VNJC

To provide an  
interactive  
mechanism for  
nurses that will  
help them to:

- critically evaluate  
nursing research studies
- keep abreast of current  
research findings
- promote an evidence-  
based practice  
environment by  
translating new research  
knowledge into practice
- strengthen collegial  
relationships within  
South Nassau

# Creating the VNJC

- ❖ Reviewing the literature
- ❖ Program development
  - ❖ Process
    - ❖ NREBPC work group
      - ❖ Shared review of literature
      - ❖ Selecting the first article
      - ❖ Critique of article
- ❖ Collaborating with IT





# The VNJC!

Working with IT took several meetings and familiarizing ourselves with the intranet!





# Marketing

- ❖ Flier
- ❖ Email
- ❖ Council meetings



**Virtual Nursing Journal Club**

**It's Here!**

**VNJC**

Nurses who read Virtual Nursing Journal Club articles will advance professionally as they:

- interact with nursing colleagues by posting responses to the article and/or answering discussion questions.
- increase critical thinking and clinical problem solving skills.
- apply current best research knowledge to evidence-based patient care.
- motivate nursing colleagues to participate in the VNJC process.

**Access from the comfort of your own home or mobile device!**

**Available on SNCH WEB**

**Presented by the NREBPC**

**Soaring to New Challenges and Heights**

**EXCELLENCE**

**COMMUNITY**

**CARING**



# Creating the VNJC

## ❖ Pilot of website

### ❖ First article - April 2013

Perceptions, Knowledge, and  
Commitment of Clinical Staff to Shared  
Governance by Karen Frith, PhD, RN &  
Meryl Montgomery, MSN, RN

## ❖ Contact hours

### ❖ Enduring activity

# VNJC Challenges

- ❖ Marketing
  - ❖ Interest
- ❖ Intranet literacy
- ❖ Accessibility at home PCs
- ❖ Contact hours





# VNJC Outcomes

- ❖ Website visit counts
- ❖ Feedback and comments on site
- ❖ Future Plans
  - ❖ Quarterly articles with critiques
  - ❖ Home access
  - ❖ CNE contact hours

# The Nursing Research Fellowship Program

Marybeth Ryan, PhD, RN



# Creating the Program: Background

- ❖ A visionary leader
- ❖ An exciting new initiative
- ❖ The Magnet Journey



# Creating the Program: Planning

- ❖ Reviewing the Literature
- ❖ Developing Application Process
- ❖ Creating Curriculum & Forms
- ❖ Selecting and Preparing Mentors
- ❖ Administrative Details
- ❖ Contacting Guest Speakers







# Program Goals

- ❖ Create an infrastructure and culture that promote nurse-initiated research studies
- ❖ Impart education related to the nursing research process
- ❖ Offer guidance and support to novice nurse researchers through mentoring



# Program Objectives

## ❖ The fellows will:

- ❖ Use the appropriate steps in the nursing research process to develop a nursing research study.
- ❖ Write a research proposal for presentation at a Nursing Research/ Evidence-Based Practice Council (NREBPC) and Protocol Review Committee (PRC) meeting.
- ❖ Implement a nursing research study.
- ❖ Analyze and interpret findings with statistical assistance as necessary.
- ❖ Seek guidance and support from her/his mentor throughout the program.



# Program Objectives (contd.)

## ❖ The fellows will:

- ❖ Share ideas with and learn from the research work of peer fellows.
- ❖ Prepare a poster to present findings to South Nassau staff at the last session.
- ❖ Identify a venue(s) for disseminating findings, through a paper and/or poster presentation, at a local, state, national or international nursing conference.
- ❖ Report an increase in confidence, at the conclusion of the program, in the ability to initiate and conduct a nursing research study independently.
- ❖ Serve as ambassadors for the third Nursing Research Fellowship Program.



# Program Design

- ❖ Eighteen month on-site program
- ❖ 8 hours of dedicated release time monthly to attend:
  - 4 hours (am) – Nursing Research/EBP Council Meeting
  - 4 hours (pm) – Fellows' session
- ❖ Structured sessions – educational, group sharing and mentoring
- ❖ On-going mentoring with advanced practice nurse

# Eligibility Criteria

- ❖ Registered nurse
- ❖ Employed at least 2 years at South Nassau
- ❖ Employed part time or full time
- ❖ Minimum of a BSN degree
- ❖ Completed a nursing research course





# Application Process

- ❖ Program advertised with application form via email and South Nassau newsletter
- ❖ Application form submitted to Nurse Scientist
- ❖ Anonymous applications reviewed by NREBPC members
- ❖ Prospective fellows interviewed
- ❖ Fellows selected and notified
- ❖ Fellows re-interviewed

# Fellows' Session Format

## ❖ Educating

- ❖ Pretest
- ❖ Collaborative Institutional Training Initiative (CITI Program)
- ❖ Program Coordinator, Mentors and Guest Speakers

## ❖ Group Sharing

- ❖ Problem-Solving, Feedback and Support



## ❖ Mentoring

- ❖ Individualized during last portion of session



# In-Between Formal Sessions

- ❖ Fellow-Mentor Meetings/  
Contacts as per mutual  
arrangement
- ❖ Completion of assignments due  
for next session
- ❖ Support from a former fellow  
as needed



# Research Challenges

- ❖ Dedicated not protected time
- ❖ Western Institutional Review Board submissions
- ❖ Time constraints
- ❖ Subject accrual



# Program Outcomes

## ❖ Poster Presentations

- ❖ 2013: Adelphi/Sigma Theta Tau's Ninth Annual Leadership Conference  
South Nassau's Nurses' Week
- ❖ 2014: South Nassau's First Annual Research & Clinic Day

## ❖ Program Evaluation Results:

- ❖ Pretest Average = 2.6
- ❖ Posttest Average = 3.6

Note: A paired t-Test would have been conducted to indicate statistical significance had the sample size been greater than N=5.

# Future Plans

- ❖ Podium Presentations
  - ❖ 2014 – NREBPC's October Nursing Research Conference
- ❖ Completion of Studies
- ❖ Writing Manuscripts
- ❖ Podium Presentations



# Fellows' Completion Ceremony: Celebrating Achievements





# Fellows' Nursing Research Studies

## 2012 - 2013

- ❖ Hospitals Empowering Lifelines through Peers (HELP) Project – (Lynn Bert)
- ❖ Attitudes & Beliefs of Perinatal Staff Nurses Regarding Implementation of the Baby- Friendly Hospital Initiative at South Nassau – (Laurel Book)
- ❖ Nurses in CCUs: Taking Grief Support into Their Own Hands – (Katie DeMelis & Nydia White)
- ❖ The Effects of Oral Intake of Clear Fluids During First Stage Labor on Maternal Satisfaction & Neonatal Hypoglycemia – (Madeline Cozzi-Gottlieb)

## 2014 - 2015

- ❖ The Lived Experience of African-American Women Who Have Had Bariatric Surgery – (Irene Ficaró)
- ❖ Prenatal Education via Social Networking: A Survey – (Janice Campbell)
- ❖ The Effect of Animal-Assisted Therapy on Oncology Patients' Pain – (Liz Bachoo-Garib)
- ❖ Educating Nurses about Self-Care Strategies – (Dena Alberti)



# Questions and Feedback

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