Catherine F. Eubanks, Ph.D.

*Curriculum Vitae*

August 22, 2023

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**SUMMARY:**

Dr. Eubanks is a Professor at the Gordon F. Derner School of Psychology at Adelphi University. She also serves as Associate Director of the Psychotherapy Research Program at Mount Sinai Beth Israel, where she has collaborated on research funded by the National Institute of Mental Health. Dr. Eubanks is a past president of the Society for the Exploration of Psychotherapy Integration (SEPI), a Fellow of the Society for the Advancement of Psychotherapy/APA Division 29, past Executive Officer of the North American chapter of the Society for Psychotherapy Research (SPR), and a previous recipient of early career awards from both Division 29 and SPR. She currently serves as Co-Editor of the journal *Psychotherapy Research* and previously served as an Associate Editor of the *Journal of Clinical and Consulting Psychology* (JCCP). She has published over 70 journal articles and book chapters, co-authored one book, co-edited one book, and is an associate editor for the forthcoming *APA Handbook of Psychotherapy*.

**ACADEMIC APPOINTMENTS**:

2022-present Professor, Gordon F. Derner School of Psychology, Adelphi University

2017-2022 Associate Professor of Clinical Psychology, Ferkauf Graduate School of Psychology, Yeshiva University

2017-present Associate Director, Psychotherapy Research Program, Mount Sinai Beth Israel

2014-present Adjunct Professor, Icahn School of Medicine at Mount Sinai

2010-2017 Assistant Professor of Clinical Psychology, Ferkauf Graduate School of Psychology, Yeshiva University

2009-2017 Assistant Director, Psychotherapy Research Program, Mt. Sinai-Beth Israel Medical Center

2009-2010 Interim Director, New School-Beth Israel Center for Clinical Training and

Research.

2007-2009 Postdoctoral Fellow, Psychotherapy Research Program, Beth Israel Medical

Center

Supervisor: J. Christopher Muran, Ph.D.

**LICENSURE:**

2010-present Licensed clinical psychologist in New York State, #68 018581

**EDUCATION:**

2004-2008 Ph.D. in Clinical Psychology, Stony Brook University, Stony Brook, NY

Quantitative Minor

*Dissertation*: Clinical consensus strategies for interpersonal problems between

young adults and their parents

*Dissertation Advisor:* Marvin R. Goldfried, Ph.D.

2006-2007 Predoctoral Internship, Beth Israel Medical Center, New York, NY

2001-2004 M.A. in Clinical Psychology, Stony Brook University, Stony Brook, NY

*Thesis*: The impact of client sexual orientation and gender on clinical judgments

and diagnosis of borderline personality disorder

*Thesis Advisor*: Marvin R. Goldfried, Ph.D.

1996-1999 Master of Divinity, Union Theological Seminary, New York, NY

1992-1996 B.A. in English, Minor in German, Princeton University, Princeton, NJ

**AWARDS AND HONORS:**

2023 Most Valuable Paper published in the journal *Psychotherapy* in 2022, awarded to Babl, Berger, Gómez Penedo, grosse Holtforth, Caspar, & Eubanks(2022), **“**Disaggregating between- and within-patient effects of ruptures and resolutions

on the therapeutic alliance and symptom severity.”

2021 Fellow, Society for the Advancement of Psychotherapy/APA Division 29

2019 Most Valuable Paper on Innovations in Psychotherapy for 2018, awarded by the *Journal of Contemporary Psychotherapy* for Muran, Safran, Eubanks, & Gorman (2018), “The effect of alliance-focused training on a cognitive-behavioral therapy for personality disorders,” published in the *Journal of Consulting and Clinical Psychology.*

2019 President, Society for the Exploration of Psychotherapy Integration (SEPI)

2018 APF/Division 29 Early Career Award

2013-2018 Executive Officer,North American Chapter of the Society for Psychotherapy

Research (NASPR)

2015 Outstanding Early Career Achievement Award, Society for Psychotherapy

Research

2007 Dissertation Award, Society for the Exploration of Psychotherapy Integration

2007 Edward S. Bordin Memorial Award for Best Student Paper, North American

Chapter of the Society for Psychotherapy Research

2001 University Fellowship, Stony Brook University

**GRANT SUPPORT:**

2018-2019 Mentor, “Sexual Orientation Microaggressions and the Therapeutic Alliance.”

PI: Joey Sergi. Society for the Advancement of Psychotherapy (APA Division

29). Awarded $2,000.

2016-2017 Co-Investigator, “Psychotherapist characteristics, alliance rupture and resolution,

and treatment outcomes in dialectical behavior therapy for borderline personality

disorder.” PI: Tali Boritz. Division 29, American Psychological Association.

Awarded $10,000.

2016-2017 Co-Investigator, “Implementation of the Outcome Questionnaire in the Parnes

Clinic: A pilot study.” PI: Lawrence Siegel. Hollander Seed Fund for Faculty

Research. Awarded $3,000.

2016-2017 Mentor, “Patient-therapist concordance and dropout status: A further

investigation.” PIs: Shira Kelin and Sara Rothschild. Society for Psychotherapy

Research. Awarded $2000.

2015-2016 Co-Principal Investigator, “Alliance rupture and repair in borderline personality

disorder: A pilot study.” Co-PI: Tali Boritz. Society for Psychotherapy Research.

Awarded $2000.

2014-2015 Mentor, “The relationship between working alliance, session depth, and long-term

outcomes: A component analysis.” PI: Briana Auman. Society for Psychotherapy

Research. Awarded $1990.

2013-2014 Co-Principal Investigator, “Assessing relational change in psychotherapy: New

applications of measures for assessing attachment and reflective functioning.” PI: Jeremy D. Safran. American Psychoanalytic Association. Awarded $10,000.

2007-2009 Co-Investigator, Resolving ruptures in the therapeutic alliance (MH 071768). PI

J.Christopher Muran. National Institute of Mental Health. Total cost: $226,752.

2005-2007 Principal Investigator, Clinical Consensus Strategies for Interpersonal Problems (F31 MH074224-01). National Institute of Mental Health, Ruth L. Kirschstein National Research Service Award, awarded $28,122 per year for 2 years.

**JOURNAL ARTICLES** (54, underlined indicates research student)**:**

Cunningham, P.B., Gilmore, J., Naar, S., Preston, S.D., **Eubanks, C.F**., Hubig, N.C.,

McClendon, J., Ghosh, S., & Ryan-Pettes, S. (in press). Opening the black box of

family-based treatments: An artificial intelligence framework to examine therapeutic

alliance and empathy. *Clinical Child and Family Psychology Review.*

Babl, A., **Eubanks, C.F**., & Goldfried, M.R. (in press). A 21st century principle-based training

approach to psychotherapy: A contribution to the momentum of transtheoretical work.

*Clinical Psychology in Europe.*

Muran, J.C., **Eubanks, C.F**., Lipner, L.M., & Bloch-Elkouby, S. (2023). Renegotiating tasks

or goals as rupture repair: A task analysis in a cognitive-behavioral therapy for

personality disorder. *Psychotherapy Research, 33*(1), 16-29.

<https://doi.org/10.1080/10503307.2022.2079439>

Lipner, L.M., Liu, D., Cassell, S., Hunter, E., **Eubanks, C.F**., & Muran, J.C. (2023). V-

episodes in the alliance: A single-case application of multiple methods to identify rupture

repair. *Psychotherapy, 60*(1), 119-129*.* https://doi.org/10.1037/pst0000469

Cirasola, A., Martin, P., Fonagy, P, **Eubanks, C.F**., Muran, J.C., & Midgley, N. (2022).

Alliance ruptures and resolutions in short-term psychoanalytic psychotherapy for

adolescent depression: An empirical case study. *Psychotherapy Research, 32*(7), 951-

968. https://doi.org/10.1080/10503307.2022.2061314

Babl, A., Berger, T., **Eubanks, C.F**., Gomez Penedo, J.M., Caspar, F., Sachse, R.., &

Kramer, U. (2022). Addressing interpersonal patterns in patients with personality

disorders partially explains psychotherapy outcome via changes in interaction patterns: A

mediation analysis. *Psychotherapy Research, 32*(8), 984-994.

https://doi.org/10.1080/10503307.2022.2036383

Babl, A., Berger, T., Gómez Penedo, J.M., grosse Holtforth, M., Caspar, F., & **Eubanks, C.F.**

(2022). Disaggregating between- and within-patient effects of ruptures and resolutions

on the therapeutic alliance and symptom severity. *Psychotherapy, 59*(4), 567-571*.*

https://doi.org/10.1037/pst0000457

Urmanche, A.A., Lipner, L.M., Bloch-Elkouby, E., Hunter, E., Kaufmann, J., Warren, J.T., Weil,

G.T., **Eubanks, C.F.,** & Muran, J.C. (2022). The beginning of the end: A comparison

of treatment completers and early dropouts in trainee-provided time-limited cognitive

behavioral therapy. *Counselling Psychology Quarterly, 35*(4), 763-788*.* https://doi.org/10.1080/09515070.2021.1997916

**Eubanks, C.F.** (2022). Rupture repair. *Cognitive and Behavioral Practice, 29*(3), 554-559.

https://doi.org/ 10.1016/j.cbpra.2022.02.012

Zilcha-Mano, S., Constantino, M.J., & **Eubanks, C.F**. (2022). Evidence-based tailoring of

treatment to patients, providers, and processes: Introduction to the special issue. *Journal*

*of Consulting and Clinical Psychology, 90*(1), 1-4*.*

Lipner, L.M., Muran, J.C., **Eubanks, C.F**., Gorman, B., & Winston, A. (2022).

Operationalizing alliance rupture-repair events using control chart methods. *Clinical*

*Psychology & Psychotherapy, 29* (1), 339-350. https://doi.org/10.1002/cpp.2606.

Dolev-Amit, T., **Eubanks, C.F**., & Zilcha-Mano, S. (2021). A moderating factor for patients

with vindictive interpersonal problems. *Psychotherapy, 58*(3)*,* 343-352.

Ben David-Sela, T., Dolev-Amit, T., **Eubanks, C.F.**, & Zilcha-Mano, S. (2021). Achieving

successful resolution of alliance ruptures: For whom and when? *Psychotherapy Research,*

*31*(7), 870-881. https://doi.org/10.1080/10503307.2020.1862432

**Eubanks, C.F**., Warren, J.T., & Muran, J.C. (2021). Identifying ruptures and repairs in

alliance-focused training group supervision. *International Journal of Group*

*Psychotherapy. 71*(2), 275-309. https://doi.org/10/1080/00207284.2020.1805618

Urmanche, A., Minges, M., **Eubanks, C.F**., Gorman, B.S., & Muran, J.C. (2021). Deepening

the group training experience: Group cohesion and supervision impact in Alliance-Focused Training. *Group dynamics: Theory, research, and practice, 25*(1), 59-73. http://dx.doi.org/10.1037/gdn0000134

Lokai, A.D., Chen, L., Terry, K.G.M., **Eubanks, C.F**., & Muran, J.C. (2021). Transitioning to

virtual space: Teletherapy in the time of COVID-19. *Psychotherapy Bulletin, 56* (2), 29-

34.

**Eubanks, C.F.**, Sergi, J., Samstag, L.W., & Muran, J.C. (2021). Commentary: Rupture repair as

a transtheoretical corrective experience. *Journal of Clinical Psychology: In Session,*

*77*(2), 457-466. https://doi.org/10.1002/jclp.23117

Muran, J.C., **Eubanks, C.F**., & Samstag, L.W. (2021). One more time with less jargon: An

introduction to “Rupture Repair in Practice.” *Journal of Clinical Psychology: In Session,*

*77*(2), 361-368. https://doil.org/10.1002/jclp.23105

**Eubanks, C.F**., & Hunter, E.B. (2020). HiTOP and psychotherapy integration: Promising

potential. *Journal of Psychotherapy Integration, 30*(4), 498-505*.*

Zilcha-Mano, S., **Eubanks, C.F.**, Bloch-Elkouby, S., & Muran, J.C. (2020). Can we agree we

just had a rupture? Patient-therapist congruence on ruptures and its effects on outcome in

brief relational therapy versus cognitive-behavioral therapy. *Journal of Counseling*

*Psychology,*67 (3), 315-325. https://doi.org/10.1037/cou0000400

Zilcha-Mano, S., **Eubanks, C.F.**, & Muran, J.C. (2019). Sudden gains in the alliance in

cognitive behavioral therapy vs. brief relational therapy. *Journal of Consulting and*

*Clinical Psychology, 87,* 501-509*.* https://doi.org/10.1037/ccp0000397

**Eubanks, C.F.**, Lubitz, J., Muran, J.C., & Safran, J.D. (2019). Rupture Resolution Rating

System (3RS): Development and validation. *Psychotherapy Research, 29,* 306-319. doi:

10.1080/10503307.2018.1552034*.*

Bloch-Elkouby, S., **Eubanks, C.F.**, Knopf, L., Gorman, B.S., and Muran, J.C. (2019). The

difficult task of assessing and interpreting treatment deterioration: An evidence-

based case study. *Frontiers in Psychology,* 10:1180. doi: 10.3389/fpsyg.2019.01180

**Eubanks, C.F.**, & Meehan, K.B. (2019). The alliance in psychotherapy—Papers in honor of

Jeremy D. Safran. *Psychoanalytic Psychology, 36*, 113-114. doi: 10.1037/pap0000240

**Eubanks, C.F.**, Muran, J.C., Dreher, D., Sergi, J., Silberstein, E., Wasserman, M. (2019).

Trainees’ experience in alliance-focused training: The risks and rewards of learning to

negotiate ruptures. *Psychoanalytic Psychology, 36,* 122-131. doi: 10.1037/pap0000233

Miller-Bottome, M., Talia, A., **Eubanks, C.F.,** Safran, J.D, & Muran, J.C. (2019). Secure in-

session attachment predicts rupture resolution: Negotiating a secure base. *Psychoanalytic*

*Psychology, 36,* 132-138. doi: 10.1037/pap0000232

Muran, J.C., **Eubanks, C.F.**, & Samstag, L.W. (2019). The processes of Jeremy Safran.

*Psychotherapy Research, 29,* 277-278*.* doi: 10.1080/10503307.2018.1562250

Urmanche, A.A., Oliveira, J.T, Gonçalves, M., **Eubanks, C.F.**, & Muran, J.C. (2019).

Ambivalence, resistance, and alliance ruptures in psychotherapy: It’s complicated.

*Psychoanalytic Psychology, 36,*139-147. doi: 10.1037/pap0000237

Zalman, H., Aafjes-van Doorn, K., & **Eubanks, C. F.** (2019). Alliance challenges in the

treatment of a narcissistic patient: the case of Alex. Research in Psychotherapy:

Psychopathology, Process and Outcome, 22(2), 212-223. doi: 10.4081/ ripppo.2019.351

**Eubanks, C.F.** (2018). In Memoriam: Jeremy Safran (1952-2018). *The Behavior Therapist, 41,*

361-362.

**Eubanks, C**.**F.,** Burckell, L.**,** & Goldfried, M.R. (2018). Clinical consensus strategies to

repair ruptures in the therapeutic alliance. *Journal of Psychotherapy Integration, 28,* 60-

76. doi: 10/1037/int0000097*.*

**Eubanks, C.F.**, Muran, J.C., & Safran, J.D. (2018). Alliance rupture repair: A meta-analysis.

*Psychotherapy, 55,* 508-519. doi: 10.1037/pst0000185

Boritz, T., Barnhart, R., **Eubanks, C.F**., & McMain, S. (2018). Alliance rupture and

resolution in Dialectical Behavior Therapy for borderline personality disorder. *Journal of*

*Personality Disorders, 32, Special Issue,* 115-128.

Muran, J.C., Safran, J.D., **Eubanks, C.F**., & Gorman, B.S. (2018). The effect of alliance-focused training on a cognitive-behavioral therapy for personality disorders. *Journal of Consulting and Clinical Psychology, 86,* 384-397. doi: 10.1037/ccp0000284

Zilcha-Mano, S., Muran, J.C., **Eubanks, C.F**., & Safran, J.D. (2018). When therapist estimations of the process of treatment can predict patients’ rating on outcome: The case of the working alliance. *Journal of Consulting and Clinical Psychology, 86,*398-402. doi: 10.1037/ccp0000293

Zilcha-Mano, S., Muran, J.C., **Eubanks, C.F**, Safran, J.D., & Winston, A. (2018). Not just a

non-specific factor: Moderators of the effect of within-and between-clients alliance on

outcome in CBT. *Cognitive Therapy and Research, 42,* 146-158. doi: 10.1007/s10608-

017-9866-5

Lewis-Hatheway, F., & **Eubanks, C.F**. (2016). The impact of a mindfulness intervention on

burnout levels in direct care staff. *Psychotherapy Bulletin, 51,* 27-34*.*

**Eubanks, C.F**. (2016). Taking psychotherapy training seriously. *PsycCRITIQUES, 61(12)*. doi:

10.1037/a0040136

Zilcha-Mano, S., Muran, J.C., Hungr, C., Safran, J.D., **Eubanks, C.F.,** & Winston, A. (2016).

The relationship between alliance and outcome: Analysis of a two-person perspective on

alliance and session outcome. *Journal of Consulting and Clinical Psychology, 84,* 484-

496*.* doi: 10.1037/ccp0000058

Castonguay, L.G., **Eubanks, C**.**F.**, Goldfried, M.R., Muran, J.C., & Lutz, W. (2015). Research in

psychotherapy integration: Building on the past, looking to the future. *Psychotherapy*

*Research, 25,*365-382. doi: 10.1080/10503307

**Eubanks-Carter, C**., Muran, J.C., & Safran, J.D. (2015). Alliance-focused training.

*Psychotherapy, 52,* 169-173*.* doi: 10.1037/a0037596

Safran, J., Muran, J.C., DeMaria, A., Boutwell, C., **Eubanks-Carter, C**., & Winston, A. (2014).

Investigating the impact of alliance-focused training on interpersonal process and therapists’ capacity for experiential reflection. *Psychotherapy Research, 24,* 269-285. doi: 10.1080/10503307.2013.874054

Bhatia, V., Davila, J., Burckell, L.A., & **Eubanks-Carter, C**. (2013). Appraisals of daily romantic relationship events in individuals with borderline personality disorder features.

*Journal of Family Psychology, 27,* 518-524. doi: 10.1037/a0032870

**Eubanks-Carter, C**., Gorman, B.S., & Muran, J.C. (2012). Quantitative naturalistic methods for

detecting change points in psychotherapy research: An illustration with alliance ruptures.

*Psychotherapy Research, 22,* 621-637. doi: 10.1080/10503307.2012.693772

Safran, J.D., Muran, J.C., & **Eubanks-Carter, C.** (2011). Repairing alliance ruptures.

*Psychotherapy, 48,* 80-87. doi: 10.1037/a0022140

**Eubanks-Carter, C**., Burckell, L.A., & Goldfried, M.R. (2010). Clinical consensus strategies

for interpersonal problems between young adults and their parents*. Journal of Consulting*

*and Clinical Psychology, 78,* 212-224*.* doi: 10.1037/a0018557

Muran, J.C., Safran, J.D., Gorman, B.S., Samstag, L.W., **Eubanks-Carter, C**., & Winston, A.

(2009). The relationship of early alliance ruptures and their resolution to process and

outcome in three time-limited psychotherapies for personality disorders. *Psychotherapy:*

*Theory, Research, Practice, Training, 46,* 233-248*.* doi: 10.1037/a0016085

Westerman, M.A., **Eubanks-Carter, C**., Ziebert, N.C., Jeffries, E., & Cosgrove, T.J. (2007).

Method for examining children’s beliefs about the functional role played by defensive

interpersonal behavior. *British Journal of Developmental Psychology, 25,* 293-311*.* doi:

10.1348/026151006X130852

# **Eubanks-Carter, C**., & Goldfried, M.R. (2006). The impact of client sexual orientation and

# gender on clinical judgments and diagnosis of borderline personality disorder. *Journal of*

# *Clinical Psychology, 62,*751-770. doi: 10.1002/jclp.20265

Levy, K.N., Wasserman, R.H., Scott, L.N., Zach, S.E., White, C.N., Cain, N.M., Fischer, **C.,**

**Eubanks-Carter**, C., Clarkin, J.F., & Kernberg, O.F. (2006). The development of a

measure to assess putative mechanisms of change in the treatment of borderline

personality disorder. *Journal of the American Psychoanalytic Association, 54,* 1325-

1331.

Burckell, L.A., & **Eubanks-Carter, C**. (2005). The future of psychotherapy integration. In J.C.

Norcross & M.R. Goldfried (Eds.), The future of psycotherapy integration: A roundtable.

*Journal of Psychotherapy Integration, 15,* 392-471*.*

Eubanks-Carter, C., Burckell, L.A., & Goldfried, M.R. (2005). Enhancing therapeutic

effectiveness with gay, lesbian, and bisexual clients. *Clinical Psychology: Science and*

*Practice, 12*, 1-18*.* doi: 10.1093/clipsy/bpi001

Goldfried, M.R. & **Eubanks-Carter, C**. (2004). On the need for a new psychotherapy research

paradigm: Comment on Westen, Novotny, and Thompson-Brenner. *Psychological*

*Bulletin, 130,* 669-673. doi: 10.1037/0033-2909.130.4.669

Goldfried, M.R., Burckell, L.A., & **Eubanks-Carter, C**., (2003). Therapist self-disclosure in

cognitive-behavior therapy. *Journal of Clinical Psychology/In Session: Psychotherapy in*

*Practice, 59(5),* 555-568. doi: 10.1002/jclp.10159

**BOOKS:**

Leong, F.T.L., Callahan, J.L., Constantino, M.J., **Eubanks, C.F**., & Zimmerman, J. (Eds). (in

press). *APA handbook of psychotherapy.* American Psychological Association.

**Eubanks, C.F.**, Samstag, L.W., & Muran, J.C. (Eds). (2023). *Rupture and repair in*

*psychotherapy: A critical process for change*. American Psychological Association. https://doi.org/10.1037/0000306-000

Muran, J.C., & **Eubanks, C.F.** (2020). *Performance under pressure: Negotiating emotion,*

*difference, and rupture.* American Psychological Association.

<https://doi.org.10.1037/0000182-000> (Italian translation by Raffaello Cortina, Rome,

Italy, 2021).

**BOOK CHAPTERS** (23)**:**

**Eubanks, C.F**., & Babl, A. (in press). Are common factors responsible for therapeutic change?

In F.T.L. Leong, C.F. Eubanks, M.J. Constantino (Eds.), *APA handbook of*

*psychotherapy, Vol. 2.* American Psychological Association.

Farber, B.A., Hill, C.E., Knox, S., **Eubanks, C.F**., Muran, J.C., & Norcross, J.C. (2023).

Affirmation/validation, self-disclosure, immediacy, and rupture repairs. In J.C. Norcross

& C.E. Hill (Eds.), *Psychotherapy skills and methods that work* (pp. 28-52). Oxford.

**Eubanks, C.F.,** Muran, J.C., & Samstag, L.W. (2023). Alliance-focused training: Teaching

therapists to navigate alliance ruptures.  In L.G. Castonguay & C.E. Hill, (Eds.),

*Becoming better psychotherapists: Advancing training and supervision* (pp. 107-126).

American Psychological Association.   <https://doi-org/10.1037/0000364-006>

Friedlander, M.L., Heatherington, L., Hill, C.E., Knox, S., **Eubanks, C.F**., Angus, L., & Xu, M.

(2023). Good supervision, better therapy: Trainees’ accounts of how supervisors helped

them manage difficult therapy situations. In L.G. Castonguay & C.E. Hill (Eds.),

*Becoming better psychotherapists: Advancing training and supervision* (pp. 239-265).

American Psychological Association. <https://doi-org/10.1037/0000364-012>

Hill, C. E., Knox, S., Farber, B., **Eubanks, C. F**., Zetzer, H., & Anderson, T. (2023). The role of

faith and doubt in the development of six psychotherapy scholars and practitioners:

Implications for training and supervision. In L.G. Castonguay & C.E. Hill (Eds.),

*Becoming better psychotherapists: Advancing training and supervision* (pp. 357-378).

American Psychological Association. <https://doi-org/10.1037/0000364-017>

**Eubanks, C.F**., Samstag, L.W., & Muran, J.C. (2023). Don’t be afraid to get messy:

Points of convergence in rupture and repair. In **C.F. Eubanks**, L.W. Samstag, & J.C.

Muran (Eds.), *Rupture and repair in psychotherapy: A critical process for change* (pp. 305-317)*.* American Psychological Association.

Muran, J.C., **Eubanks, C.F**., & Samstag, L.W. (2023). Introduction: Rupture in a

wicked and wonderful world. In **C.F. Eubanks**, L.W. Samstag, & J.C. Muran (Eds.),

*Rupture and repair in psychotherapy: A critical process for change* (pp. 3-20)*.* American Psychological Association.

Captari, L.E., & **Eubanks, C.F.** (2023). Rotture e riparazioni dell’alleanza [Alliance ruptures

and repairs]. In B Poletti, G Tasca, L. Pievani, & A. Compare (Eds.), *Psicoterapia*

*integrata: Il modello Evidence-Based Practice (EBP)* [Integrative psychotherapy: The

evidence-based practice model] (pp. 222-253). FrancoAngeli Edizioni.

**Eubanks, C.F.** (2022). Foreword. T.A. Prout, M.J. Wadkins, & T. Kufferath-Lin, *Essential*

*interviewing and counseling skills: An integrated approach to practice* (2nd ed., pp. xiii-

xvi). Springer Publishing.

Castonguay, L.G., **Eubanks, C.F**., Iwakabe, S., Krause, M., Page, A.C., Zilcha-Mano, S., Lutz,

W., & Barkham, M. (2021). Epilogue: Prevalent themes, predictions, and

recommendations. In M. Barkham, W. Lutz, & L.G. Castonguay (Eds.), *Bergin and*

*Garfield’s handbook of psychotherapy and behavior change* (7th ed.) (pp. 793-802).

Wiley.

**Eubanks, C.F**., Sergi, J., & Muran, J.C. (2021). Responsiveness to ruptures and repairs in

psychotherapy. In J.C. Watson & H. Wiseman (Eds.), *The responsive psychotherapist:*

*Attuning to clients in the moment* (pp. 83-104)*.* American Psychological Association.

Gardner, J., Lipner, L, **Eubanks, C.F.**, & Muran, J.C. (2020). A therapist’s guide to repairing

ruptures in the working alliance. In J.N. Fuertes (Ed)., *Working alliance skills for mental*

*health professionals* (pp. 159-179)*.* Oxford University Press.

**Eubanks, C.F.** & Goldfried, M.R. (2019). A principle-based approach to psychotherapy

integration. In J.C. Norcross & M.R. Goldfried (Eds)., *Handbook of psychotherapy*

*integration* (3rd edition, pp. 88-104). New York: Oxford University Press. <https://doi.org/10.1093/med-psych/9780190690465.003.0004>

**Eubanks, C.F**., Goldfried, M.R., & Norcross, J.C. (2019). Future directions in psychotherapy

integration. In J.C. Norcross & M.R. Goldfried (Eds)., *Handbook of psychotherapy*

*integration* (3rd edition, pp. 474-485). New York: Oxford University Press.

**Eubanks, C.F.**, Muran, J.C., & Safran, J.D. (2019). Repairing alliance ruptures. In J.C.

Norcross & M.J. Lambert (Eds.), *Psychotherapy relationships that work: Evidence-based*

*therapist contributions* (3rd edition, pp. 549-579). New York: Oxford University Press.

**Eubanks, C.F.** (2019). Alliance-focused formulation: A work in process. In U. Kramer

(Ed.), *Case formulation for personality disorders: Tailoring psychotherapy to the*

*individual client* (pp. 337-354)*.* Cambridge, MA: Elsevier.

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**Eubanks-Carter, C**., Muran, J.C., & Safran, J.D. (2010). Alliance ruptures and resolution. In

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Muran, J.C., Safran, J.D., & **Eubanks-Carter, C**. (2010). Developing therapist abilities to

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Muran, J.C., **Eubanks-Carter, C**., & Safran, J.D. (2010). A relational approach to the treatment

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*personality dysfunction: Principles, methods, and processes* (pp. 167-192)*.* Washington,

DC: American Psychological Association.

# Safran, J.D., **Eubanks-Carter, C**., & Muran, J.C. (2010). Emotion-focused/Interpersonal

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# *Behavior Therapy: Using theory and Philosophy to Strengthen Science and Practice* (pp.

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Eubanks-Carter, C., Burckell, L.A., & Goldfried, M.R. (2005). Future directions in

psychotherapy integration. In J.C. Norcross & M.R. Goldfried (Eds.), *Handbook of*

*psychotherapy integration* (2nd edition, pp. 503-521). New York: Oxford University

Press.

**MANUALS:**

**Eubanks, C.F.** & Muran, J.C. (2022). *Rupture Resolution Rating System (3RS): Manual*.

[Unpublished manuscript].

**Eubanks, C**.**F.**, Muran, J.C., & Safran, J.D. (2015). *Rupture Resolution Rating System (3RS):*

*Manual.* Unpublished manuscript, Mount Sinai-Beth Israel Medical Center, New York.

Levy, K.N., Wasserman, R.H., Clarkin, J.F., **Eubanks-Carter, C**., & Fisher, C. (2005). The

Psychotherapy Process Rating Scale for Borderline Personality Disorder (PPRS-BPD).

Unpublished manuscript, The Pennsylvania State University.

**VIDEOS:**

Muran, J.C., & **Eubanks, C.F.** (Guest experts). (2020). *Rupture and repair in psychotherapy*

[Film; educational DVD]. American Psychological Association.

Safran, J.D., Muran, J.C., & **Eubanks, C.F.** (Guest experts). (2016). *Therapeutic alliance*

*ruptures.* SAGE Video.

**WORKSHOPS AND INVITED PRESENTATIONS:**

**Eubanks, C.F.** (2023, March 4). *Becoming better at recognizing and repairing ruptures through Alliance-Focused Training (AFT)* [Conference workshop]. San Francisco Psychotherapy

Research Group March Workshop, San Francisco, CA, United States.

**Eubanks, C.F.** (2022, November 3). *Rupture and Repair* [Pre-conference workshop]. Ordre des

Psychologues du Quebec, Montreal, Canada.

**Eubanks, C.F**. (2022, July 6). *Introducing the 3RS v2022: A revision of the Rupture Resolution*

*Rating System* [Pre-conference workshop]. Society for Psychotherapy Research, Denver,

CO, United States.

**Eubanks, C.F.** (2022, March 3). *Rupture and repair: Psychotherapy obstacles and*

*opportunities* [Conference workshop]. San Francisco Psychotherapy Research Group

March Workshop, San Francisco, CA, United States.

Muran, J.C., & **Eubanks, C.F.** (2021, December 14). *Rupture and repair: An introduction to*

*theory, research, practice, and training.* [Conference workshop]. Independent

Psychoanalytic Child and Adolescent Psychotherapy Association Winter Conference,

London, England.

Muran, J.C., **Eubanks, C.F.**, & Samstag, L.W. (2021, June 23-26). *Strategies for recognizing,*

*addressing, and repairing ruptures in the alliance.* [Pre-conference workshop]. Society

for Psychotherapy Research, Heidelberg, Germany.

Muran, J.C., & **Eubanks, C.F.** (2021, June 19). Alliance-focused training (AFT): Rupture and

repair. [Online workshop]. Kimpsikoloji, Istanbul, Turkey.

**Eubanks, C.F**., & Muran, J.C. (2021, February 5). *Repairing ruptures in the therapeutic*

*alliance.* [Conference workshop]. Online professional development training institute co-

sponsored by the American Psychological Association and The Practice Institute.

Muran, J.C., & **Eubanks, C.F**. (2021, January 12). *Therapeutic alliance: Rupture and repair*.

Webinar sponsored by Sondermind.

**Eubanks, C.F.** (2021, January 7). Discussant. In K. Smith (Chair), *Psychotherapy integration.*

Panel presented at annual meeting of #TherapistConnect.

Muran, J.C. & **Eubanks, C.F.** (2020, November 20). *Alliance-focused training for CBT:*

*Strategies for improving retention and outcome by identifying and repairing ruptures in*

*the therapeutic alliance*. [Conference workshop]. Association for Behavioral and Cognitive Therapies, Philadelphia, PA, United States.

Muran, J.C. & **Eubanks, C.F.** (2020, August 6). *Alliance rupture repair: An integrative*

*approach to negotiating difficult interactions with patients* [Conference workshop].

American Psychological Association, Washington, DC, United States.

**Eubanks, C.F.** (2019, August 22). *Alliance ruptures in psychotherapy research*. Workshop

presented at the European Society for the Study of Personality Disorders (ESPPD)

Summer School, Lausanne, Switzerland.

**Eubanks, C.F**. (2019, July 7). *The integrative therapist.* Keynote address presented at the

Chinese Psychological Society 6th Registration System Congress of Chinese Clinical and

Counseling Psychologists and 2019 Conference of the Division of Clinical and

Counseling Psychology, Wuhan, China.

**Eubanks, C.F.** (2019, July 5). *Alliance ruptures and resolution strategies.* Workshop presented

at the Chinese Psychological Society 6th Registration System Congress of Chinese

Clinical and Counseling Psychologists and 2019 Conference of the Division of Clinical

and Counseling Psychology, Wuhan, China.

**Eubanks, C.F.** (2019, June 8). *The integrative therapist.*Presidential address presented atthe

annual meeting of the Society for the Exploration of Psychotherapy Integration, Lisbon,

Portugal.

**Eubanks, C.F**. (2017, November 30). *An introduction to the Rupture and Resolution Rating*

*System (3RS).* Webinar co-sponsored by the Society for Psychotherapy Research and the

Society for the Exploration of Psychotherapy Integration.

Safran, J.D., Muran, J.C., & **Eubanks, C.F**. (2017, November 17). *Alliance-focused training for*

*CBT: Strategies for identifying, addressing, and repairing ruptures in the therapeutic*

*alliance in CBT.* Master Clinician Seminar presented at the annual meeting of the

Association for Behavioral and Cognitive Therapies, San Diego, CA.

**Eubanks, C.F.** (2017, June 21). *Training in the Rupture and Resolution Rating System (3RS).* Preconference workshop presented at the annual meeting of the Society for \ Psychotherapy Research, Toronto, Ontario.

Safran, J.D., Muran, J.C., & **Eubanks, C.F**. (2016, October 28). *Alliance-focused training for*

*CBT: Strategies for identifying, addressing, and repairing ruptures in the therapeutic*

*alliance in CBT.* Mini-workshop presented at the annual meeting of the Association for

Behavioral and Cognitive Therapies, New York, NY.

Safran, J.D., Muran, J.C., & **Eubanks, C.F.** (2016, October 22). *Resolving therapeutic*

*impasses: Introduction & fundamentals.* One-day workshop presented at the New School

for Social Research, New York, NY.

**Eubanks, C.F.** (2016, March 2). Panelist. In Siegel, D. (Chair), *Ever the twain shall meet?*

*Integrating psychodynamic and cognitive behavioral approaches to therapy.* Panel

sponsored by the Ferkauf Graduate School of Psychology, Yeshiva University, New

York, NY.

**Eubanks, C.F.** (2015, November 7). Panelist. In Safran, J.D., Muran, J.C., **Eubanks, C.F.**

(Chairs), *Alliance-Focused Training: Research and practice*. One-day workshop

sponsored by the North American Society for Psychotherapy Research. New School for

Social Research, New York, NY.

**Eubanks, C.F.** (2015, January 19-20 and 22-23). *Alliance ruptures and their resolution in the*

*therapeutic process.* Two-day workshops presented at the Formation Continue UNIL-

EPFL, University of Lausanne, Lausanne, Switzerland.

Safran, J.D., Muran, J.C., **Eubanks-Carter, C**. (2014, November). *Alliance-Focused Training:*

*Strategies for identifying, addressing, and repairing ruptures in the therapeutic alliance.*

Mini-workshop presented at the annual meeting of the Association for Behavioral and

Cognitive Therapies, Philadelphia, Pennsylvania.

**Eubanks-Carter, C**. (2013, June 2). *Rupture Resolution Rating System (3RS) Training*. Half-

day workshop presented at the University of Lausanne, Lausanne, Switzerland.

**Eubanks-Carter, C**. (2013, May 31-June 1). *Resolving Ruptures in the Therapeutic Alliance*.

Two-day workshop presented at the University of Lausanne, Lausanne, Switzerland.

**Eubanks-Carter, C.** (2009, April). *Change detection methods*. Two-day workshop presented at

the University of Minho, Braga, Portugal.

**Eubanks-Carter, C**. (2009, January). *Ruptures in the therapeutic alliance.* Grand rounds

presented at Beth Israel Medical Center, New York, NY.

**CONFERENCE PRESENTATIONS:**

**Eubanks, C.F.** (2023, June 21-24). Discussant. In F. Caspar (Chair), *Psychotherapy*

*Integration—A variety of models and their relation to psychotherapy research*

[Structured discussion]. Society for Psychotherapy Research, Dublin, Ireland.

**Eubanks, C.F.** (2023, June 21-24). Learning to recognize and negotiate ruptures: The 3RS as a

training tool. In **C. F. Eubanks** (Chair), *It’s not just for research anymore: Three*

*examples of how psychotherapy research measures can be useful tools for clinical*

*training and supervision* [Symposium]. Society for Psychotherapy Research, Dublin, Ireland.

**Eubanks, C.F.** (2023, June 21-24). Discussant. In C. Flückiger & **C.F. Eubanks** (Chairs), *Meet*

*the editors of Psychotherapy Researc*h [Structured discussion]. Society for Psychotherapy

Research, Dublin, Ireland.

**Eubanks, C.F.** (2023, June 21-24). Discussant. In A. Gumz (Chair), *New research on alliance*

*ruptures* [Panel]. Society for Psychotherapy Research, Dublin, Ireland.

**Eubanks, C.F.** (2023, June 21-24). Discussant. In A.O. Horvath & C. Flückiger (Chairs), *Open*

*access publications: Road to salvation or doom for psychotherapy* [Structured

discussion]. Society for Psychotherapy Research, Dublin, Ireland.

**Eubanks, C.F.** (2023, June 21-24). Discussant. In W. Lutz & M. Barkham (Chairs), *Step*

*changes in psychotherapy research: From micro to macro levels of impact*

[Semi-plenary]. Society for Psychotherapy Research, Dublin, Ireland.

**Eubanks, C.F.** (2023, June 21-24). Discussant. In S. Zilcha-Mano & R. Markin (Chairs), *Senior*

*psychotherapy researchers share transformative moments in their careers* [Structured

discussion]. Society for Psychotherapy Research, Dublin, Ireland.

Babl, A., Rubel, J., Gomez Penedo, J.M., Berger, T., grosse Holtforth, M., & **Eubanks, C.F.**

(2023, June 21-24). Can session-by-session changes in self-reported alliance scores serve

as a measure of ruptures in the therapeutic alliance? In A. Gumz (Chair), *New research*

*on alliance ruptures* [Panel]. Society for Psychotherapy Research, Dublin, Ireland.

Urmanche, A., Podell, S., Polland, D., **Eubanks, C.F.**, & Muran, J.C. (2023, June 21-24). Power

dynamics in clinical supervision. In K. Bang (Chair), *Training, supervision, and*

*supervision-of-supervision: Processes and impacts in different global contexts*

[Symposium].Society for Psychotherapy Research, Dublin, Ireland.

Williams, K.M., Schwartz, M., & **Eubanks, C.F.** (2023, June 21-24). *Exploratory investigation*

*of the prevalence of ruptures and resolutions between a multiethnic patient and white*

*therapist across a treatment protocol* [Poster]. Society for Psychotherapy Research,

Dublin, Ireland.

**Eubanks, C.F.** (2022, July 9). Discussant. In C. Flückiger & **C.F. Eubanks** (Chairs), *Meet the*

*editors of Psychotherapy Research* [Structured discussion]. Society for Psychotherapy

Research, Denver, CO, United States.

**Eubanks, C.F.** (2022, July 9). Discussant. In **C.F. Eubanks** (Chair), *The Rupture Resolution*

*Rating System Self-Report (3RS-SR)*. [Structured discussion]. Society for Psychotherapy

Research, Denver, CO, United States.

Lipner, L.M., Johnson, B.N., Solomonov, N., **Eubanks, C.F**., Muran, J.C., & Barber, J. (2022,

July 9). The relationship between therapist flexibility, alliance rupture resolution, and

premature treatment termination. In L.M. Lipner (Chair), *The relationships between*

*therapist technique use and psychotherapy process and outcome.* [Symposium]. Society

for Psychotherapy Research, Denver, CO, United States.

King, B.R., Lipner, L.M., **Eubanks, C.F**., & Muran, J.C. (2022, July 8). *Therapist flexibility*

*during alliance ruptures: What interventions do therapists use when responding to*

*ruptures?* [Poster]. Society for Psychotherapy Research, Denver, CO, United States.

Podell, S.C., Muran, J.C., & **Eubanks, C.F**. (2022, July 8). *The WAI and OQ-ASC: How do*

*these alliance measures relate?* [Poster]. Society for Psychotherapy Research, Denver,

CO, United States.

Chen, L., Lokai, A.D., **Eubanks, C.F**., & Muran, J.C. (2022, July 8). *The relationship between*

*microaggressions and rupture—Case studies of four Indian and White dyads*. [Poster].

Society for Psychotherapy Research, Denver, CO, United States.

**Eubanks, C.F.** (2022, July 8). Moderator. *Data-informed psychotherapy and underserved*

*populations: Questions, challenges, and future directions*. [Semi-plenary]. Society for

Psychotherapy Research, Denver, CO, United States.

Babl, A., Berger, T., Gómez Penedo, J.M., grosse Holtforth, M., Caspar, F., & **Eubanks, C.F.**

(2022, July 7). The more you care, the more you have to lose: Alliance levels moderate

rupture effects on psychotherapy outcome. In R.D. Markin (Chair), *New frontiers on*

*alliance rupture-repair research: Four novel ways of using the 3RS in process research.*

[Symposium]. Society for Psychotherapy Research, Denver, CO, United States.

**Eubanks, C.F.** (2022, July 7). Discussant. In R. Markin & S. Zilcha-Mano (Chairs), *The future*

*of psychotherapy research: What journal editors envision for the future and pathways of*

*getting there.* [Structured discussion]. Society for Psychotherapy Research, Denver, CO,

United States.

**Eubanks, C.F.** (2022, July 7). Discussant. In C.E. Hill (Chair), *Faith and doubt in*

*psychotherapy and psychotherapy research.* [Structured discussion]. Society for

Psychotherapy Research, Denver, CO, United States.

**Eubanks, C.F.** (2021, November 4-6). Discussant. In M. Goldfried (Chair), *A proposed*

*makeover of psychotherapy training: Contents, methods, and future directions.*

[Structured discussion]. North American Chapter Meeting of the Society for

Psychotherapy Research.

Iino, S., Keitelman, R., Melvin, J., Meyerson, D., Hunter, E., & **Eubanks, C.F**. (2021,

November 4-6). *Bipolar disorder and ruptures in the therapeutic alliance: An*

*instrumental case study.*  [Poster]. North American Chapter Meeting of the Society for

Psychotherapy Research.

**Eubanks, C.F**. (2021, August 12-14). Discussant. In K. de Jong & **C.F. Eubanks** (Chairs),

*Using progress feedback to enhance outcomes of psychotherapy.* [Symposium].

American Psychological Association Annual Convention.

**Eubanks, C.F**. (2021, June 23-26). Discussant. In U. Kramer & A. Pascual-Leone (Chairs), *The*

*future of process research: What kind of methods for what kind of theories?* [Structured

discussion]. Society for Psychotherapy Research, Heidelberg, Germany.

**Eubanks, C.F.** (2021, June 23-26). Discussant. In G. Tasca (Chair), *Alliance ruptures and*

*repairs in a group context* [Symposium]. Society for Psychotherapy Research,

Heidelberg, Germany.

Urmanche, A., Minges, M., **Eubanks, C.F**., Gorman, B., & Muran, J.C. (2021, June 23-26).

Finding the balance: Alliance, group cohesion, and session impact in AFT and CBT

group supervision. In G. Tasca (Chair), *Alliance ruptures and repairs in a group context*

[Symposium]. Society for Psychotherapy Research, Heidelberg, Germany.

Bloch-Elkouby, S., **Eubanks, C.F**., Chen, L., Lokai, A., Samstag, L.W., & Muran, J.C. (2021,

June 23-26). Toward a better understanding of the interpersonal context of racial

microaggressions in early phases of CBT. In S. Bloch-Elkouby (Chair), *The impact of*

*cultural differences and biases on the process and outcome of psychotherapy*

[Symposium]. Society for Psychotherapy Research, Heidelberg, Germany.

Sergi, J., Warren, J.T., Pachankis, J.E., & **Eubanks, C.F.** (2021, June 23-26). Sexual orientation

microaggressions and the therapeutic alliance. In S. Bloch-Elkouby (Chair), *The impact*

*of cultural differences and biases on the process and outcome of psychotherapy*

[Symposium]. Society for Psychotherapy Research, Heidelberg, Germany.

**Eubanks, C.F**. (2021, June 23-26). Moderator. *What works for whom? Tailoring the therapy*

*relationship* [Semi-plenary]. Society for Psychotherapy Research, Heidelberg, Germany.

**Eubanks, C.F**., Sergi, J., & Muran, J.C. (2021, June 23-26). Responsiveness in the alliance:

Working with ruptures and repairs in psychotherapy. In J. Watson & H. Wiseman

(Chairs), *The challenge of responsiveness for research and practice* [Symposium].

Society for Psychotherapy Research, Heidelberg, Germany.

Warren, J.T., Hunter, E., Schmitt, H., **Eubanks, C.F**., & Muran, J.C. (2021, June 23-26).

Alliance ruptures and repairs: The 3RS perspective. In P. Muntigl, J.C. Muran, **C.F.**

**Eubanks,** & A. Horvath (Chairs), *Complementary research perspectives on alliance*

*ruptures* [Structured discussion]. Society for Psychotherapy Research, Heidelberg,

Germany.

Weil, G.T., Steele, H., **Eubanks, C.F**., & Muran, J.C. (2021, June 23-26). Examining

pseudoalliance in psychotherapy using rupture-resolution process and self-report

measures. In L. Lipner (Chair), *What’s really going on here? The application of 3RS to*

*elucidate negative process* [Symposium]. Society for Psychotherapy Research,

Heidelberg, Germany.

Lipner, L., Cassell, S., Hunter, E.B., **Eubanks, C.F**., & Muran, J.C. (2021, June 23-26). What’s

a V episode anyway? 3RS application to a single case study. In L. Lipner (Chair),

*What’s really going on here? The application of 3RS to elucidate negative process*

[Symposium]. Society for Psychotherapy Research, Heidelberg, Germany.

Urmanche, A., Lipner, L., Bloch-Elkouby, S., Hunter, E.B., Kaufmann, J., Warren, J.T., Weil,

G., **Eubanks, C.F**., & Muran, J.C. (2021, June 23-26). The beginning of the end: A

comparison of treatment completers and early dropouts. In L. Lipner (Chair), *What’s*

*really going on here? The application of 3RS to elucidate negative process*

[Symposium]. Society for Psychotherapy Research, Heidelberg, Germany.

Keitelman, R., Wasserman, M., & **Eubanks, C.F**. (2021, June 23-26). *Evaluating patient and*

*clinician perceptions of touch within the context of the therapeutic alliance* [Poster].

Society for Psychotherapy Research, Heidelberg, Germany.

Lipner, L., Bendet, M., DelNero, J., **Eubanks, C.F**., & Muran, J.C. (2021, June 23-26). *Patients’*

*experience of alliance rupture and repair: A qualitative analysis of patients’ written*

*responses on a direct report measure* [Poster]. Society for Psychotherapy Research,

Heidelberg, Germany.

**Eubanks, C.F.** (2021, June 10-12). Discussant. In O. Tishby (Chair), *The role of emotion*

*recognition and emotion regulation in short term psychodynamic therapy* [Symposium].

Society for the Exploration of Psychotherapy Integration Annual Conference.

**Eubanks, C.F**. (2021, June 10-12). Discussant. In J. Watson & H. Wiseman (Chairs), *The*

*responsive therapist: Markers, emotions, and integration* [Structured discussion]. Society

for the Exploration of Psychotherapy Integration Annual Conference.

Warren, J.T., **Eubanks, C.F**., & Muran, J.C. (2021, June 10-12). *Identifying ruptures and*

*repairs in alliance-focused training group supervision* [Poster]. Society for the

Exploration of Psychotherapy Integration Annual Conference.

Weil, G., Steele, H., **Eubanks, C.F**., Muran, J.C. (2021, June 10-12). *Exploring rupture*

*resolution process in potential pseudoalliance cases* [Poster]. Society for the Exploration

of Psychotherapy Integration Annual Conference.

Bresler, J., & **Eubanks C.F**. (2021, March). *Courting curiosity: Psychoanalysis and*

*psychotherapy integration.* [Discussion group]. Society for Psychoanalysis and

Psychoanalytic Psychology/Division 39, New York, NY, United States.

Schaffer, J.B., & **Eubanks, C.F**. (2021, February). *Examining the Therapeutic Alliance in a*

*Neuropsychological Assessment Setting*. [Poster session]. International

Neuropsychological Society, San Diego, CA, United States.

**Eubanks, C.F.**, & Muran, J.C. (2019, August). Alliance-focused training to improve therapists’

abilities to negotiate ruptures: Efficacy, challenges, and future directions. In K. Meehan

(Chair), *Training the next generation of dynamic clinicians: Integrating clinical work and*

*research.* Symposium presented at the annual meeting of the American Psychological

Association, Chicago, IL, United States.

Couto, A.B., Sousa, M.P., Cunha, C., Basto, I., **Eubanks, C.F.**, Greenberg, L., & Elliott, R.

(2019, June). Ruptures in the therapeutic alliance and their resolution in different

therapeutic modalities: Which is similar or different between them. In L.M. Lipner

(Chair), *A multi-faced measure: Various applications of 3RS in psychotherapy research.*

Symposium presented at the annual meeting of the Society for the Exploration of

Psychotherapy Integration, Lisbon, Portugal.

Dolev, T., **Eubanks, C.F.**, Ben David, T., & Zilcha-Mano, S. (2019, June). The role of alliance

expectations in the association between interpersonal problems and ruptures. In L.M.

Lipner (Chair), *A multi-faced measure: Various applications of 3RS in psychotherapy*

*research.* Symposium presented at the annual meeting of the Society for the Exploration

of Psychotherapy Integration, Lisbon, Portugal.

Lipner, L.M., Muran, J.C., & **Eubanks, C.F.** (2019, June). The validation of control chart-

identified rupture sessions using 3RS. In L.M. Lipner (Chair), *A multi-faced measure:*

*Various applications of 3RS in psychotherapy research.* Symposium presented at the

annual meeting of the Society for the Exploration of Psychotherapy Integration, Lisbon,

Portugal.

**Eubanks, C.F.** (2019, June). Discussant. In C. Cunha (Chair), *Emotion focused therapy under*

*different lenses: Looking at alliance ruptures, treatment integrity and self-forgiveness of emotional injury.* Symposium presented at the annual meeting of the Society for the Exploration of Psychotherapy Integration, Lisbon, Portugal.

Couto, A.B., Young, H., Inglis, C., Vidali, M., Micha, L., Shaw, J., **Eubanks, C.F.**, Elliott, R.,

Greenberg, L., & Cunha, C. (2019, June). Repairing ruptures in the therapeutic alliance in

emotion focused therapy for social anxiety. In C. Cunha (Chair), *Emotion focused therapy under different lenses: Looking at alliance ruptures, treatment integrity and self- forgiveness of emotional injury.* Symposium presented at the annual meeting of the Society for the Exploration of Psychotherapy Integration, Lisbon, Portugal.

**Eubanks, C.F.** (2019, June). Discussant. In C.F. Eubanks (Chair), *Mechanisms of change in*

*different forms of psychotherapy.* Structured discussion presented at the annual meeting

of the Society for the Exploration of Psychotherapy Integration, Lisbon, Portugal.

**Eubanks, C.F.** (2019, June). Discussant. In J. Dobner-Pereira (Chair), *Interpersonal*

*reconstructive therapy: Overview and application using experiential interventions within*

*individual and group psychotherapy.* Symposium presented at the annual meeting of the

Society for the Exploration of Psychotherapy Integration, Lisbon, Portugal.

**Eubanks, C.F.** (2019, June). Discussant. In B. Gomez (Chair), *Highlights of psychotherapy*

*integration around the world.* Structured discussion presented at the annual meeting of

the Society for the Exploration of Psychotherapy Integration, Lisbon, Portugal.

Gardner, J.R., Muran, J.C., Gorman, B., & **Eubanks, C. F.** (2019, June). Therapist and patient

agreement versus disagreement in the alliance: Clinical and training implications. In J.R.

Gardner (Chair), *Zoom-in: Clinical and supervisory implications of intrapersonal and*

*interpersonal therapy factors and their impact on the therapeutic alliance.* Symposium

presented at the annual meeting of the Society for the Exploration of Psychotherapy

Integration, Lisbon, Portugal.

Small, R.B., Muran, J.C., & **Eubanks, C.F.** (2019, June). The eye of the storm through the

therapist’s eyes: A grounded theory case study of how therapists experience alliance

ruptures in the context of alliance-focused supervision. In J.R. Gardner (Chair), *Zoom-in:*

*Clinical and supervisory implications of intrapersonal and interpersonal therapy factors*

*and their impact on the therapeutic alliance.* Symposium presented at the annual meeting

of the Society for the Exploration of Psychotherapy Integration, Lisbon, Portugal.

Shanahan, C., Muran, J.C., & **Eubanks, C.F.** (2019, June). Vocal synchrony in therapeutic

alliance ruptures. In J.R. Gardner (Chair), *Zoom-in: Clinical and supervisory implications*

*of intrapersonal and interpersonal therapy factors and their impact on the therapeutic*

*alliance.* Symposium presented at the annual meeting of the Society for the Exploration

of Psychotherapy Integration, Lisbon, Portugal.

Liu, D., **Eubanks, C.F.**, & Muran, J.C. (2019, June). Therapists’ effect on changes in

interpersonal and personality styles among patients with personality disorders. In J.R.

Gardner (Chair), *Zoom-in: Clinical and supervisory implications of intrapersonal and*

*interpersonal therapy factors and their impact on the therapeutic alliance.* Symposium

presented at the annual meeting of the Society for the Exploration of Psychotherapy

Integration, Lisbon, Portugal.

Urmanche, A., Oliveira, J.T., Gonçalves, M.M., **Eubanks, C.F.**, & Muran, J.C. (2019, June).

Ambivalence and alliance ruptures in treatment for substance use disorders: A case study. In J.T. Oliveira (Chair), *Ambivalence, alliance ruptures, and therapeutic outcomes.* Symposium presented at the annual meeting of the Society for the Exploration of Psychotherapy Integration, Lisbon, Portugal.

**Eubanks, C.F.** (2019, June). Discussant. In T.A. Prout (Chair), *Psychotherapy change*

*processes with children and adults.* Symposium presented at the annual meeting of the

Society for the Exploration of Psychotherapy Integration, Lisbon, Portugal.

Couto, A.B., **Eubanks, C.F.**, Basto, I.M., Sousa, M., Greenberg, L.S., Elliott, R., & Cunha, C.

(2018, June). Ruptures in the therapeutic alliance and their resolution in different

therapeutic modalities: Which is similar or different between them? In A.P. Mellado

Mora (Chair), *Alliance & Rupture.* Symposium presented at the annual meeting of the

Society for Psychotherapy Research, Amsterdam, Netherlands.

Zilcha-Mano, S., Muran, J.C., Bloch-Elkouby, S., **Eubanks, C.F.** (2018, June). The

correspondence in patient and therapist self-report on ruptures and its association with

outcome. In S. Zilcha-Mano (Chair), *Dyadic processes in psychotherapy*. Symposium

presented at the annual meeting of the Society for Psychotherapy Research, Amsterdam,

Netherlands.

**Eubanks, C.F.**, Muran, J.C., & Safran, J.D. (2018, June). Repairing alliance ruptures: Obstacles

and opportunities. In B. Wampold (Chair), *Psychotherapy relationships that work I:*

*Alliance*. Symposium presented at the annual meeting of the Society for Psychotherapy

Research, Amsterdam, Netherlands.

**Eubanks, C.F.** (2018, June). Discussant. In S. Zilcha-Mano & F. Falkenström (Chairs), *The*

*next generation of working alliance research: The most important questions to be asked*

*and the best methods to answer them.* Semi-plenary presented at the annual meeting of

the Society for Psychotherapy Research, Amsterdam, Netherlands.

Dolev, T., **Eubanks, C.F.**, & Zilcha-Mano, S. (2018, June). Rupture resolution episodes in the

therapeutic alliance: Predictors and moderators of outcome. In **C.F. Eubanks** (Chair),

*Ruptures and repairs across different patient populations, treatments, and settings: What*

*researchers are learning from the 3RS.* Symposium presented at the annual meeting of

the Society for Psychotherapy Research, Amsterdam, Netherlands.

Lipner, L., Muran, J.C., Gorman, B., **Eubanks, C.F.**, Safran, J.D., Winston, A. (2018, June).

Patient and therapist synchrony in ratings of alliance and alliance rupture: The role of

personality pathology. In S. Zilcha-Mano (Chair), *Unique characteristics of*

*psychotherapy with patients with personality disorders*. Symposium presented at the

annual meeting of the Society for Psychotherapy Research, Amsterdam, Netherlands.

**Eubanks, C.F.** (2018, June). Discussant. In J. Fernandez-Alvarez (Chair), *Negative effects in*

*psychotherapy: Discussing the diversity of conceptualizations and methodologies.*

Structured discussion presented at the annual meeting of the Society for Psychotherapy

Research, Amsterdam, Netherlands.

**Eubanks, C.F.** (2018, June). Discussant. In L. Castonguay & S. McMain (Chairs), *A corrective*

*exploration of therapists training: Recognizing diversity, from a context and process*

*perspective.* Plenary presented at the annual meeting of the Society for Psychotherapy

Research, Amsterdam, Netherlands.

**Eubanks, C.F.** (2018, June). Discussant. In B. Grenyer (Chair), *Innovations in personality*

*disorder treatment*. Symposium presented at the annual meeting of the Society for

Psychotherapy Research, Amsterdam, Netherlands.

Meyering, K., **Eubanks, C.F.**, Muran, J.C., & Safran, J.D. (2018, June). When an age gap

contributes to a rupture: Younger therapists working with older patients. In **C. F.**

**Eubanks** (Chair), *Therapists’ contributions to treatment: Alliance ruptures,*

*microaggressions, and wounded healers.* Symposium presented at the annual meeting of

the Society for Psychotherapy Integration, New York, NY.

Sergi, J.A., **Eubanks, C.F.**, Pachankis, J.E. (2018, June). Microaggressions with LGBQ clients:

Using the alliance rupture construct to recognize clinician bias and build a stronger

alliance. In **C. F. Eubanks** (Chair), *Therapists’ contributions to treatment: Alliance*

*ruptures, microaggressions, and wounded healers.* Symposium presented at the annual

meeting of the Society for Psychotherapy Integration, New York, NY.

Diamond, L., & **Eubanks, C.F.** (2018, June). A mixed methods exploration of the impaired

therapist/wounded healer paradigm. In **C.F. Eubanks** (Chair), *Therapists’ contributions*

*to treatment: Alliance ruptures, microaggressions, and wounded healers.* Symposium

presented at the annual meeting of the Society for Psychotherapy Integration, New York, NY.

**Eubanks, C.F.** (2018, June). Alliance-focused formulation: A work in process. In U. Kraemer

(Chair), *Individualizing treatments for personality disorders: From the theory to the case.*

Symposium presented at the annual meeting of the Society for Psychotherapy Integration,

New York, NY.

**Eubanks, C.F.** (2018, June). Discussant. In A. Vaz (Chair), *Facilitating interpersonal skills*

*(FIS): A common factor amongst highly effective therapists?* Symposium presented at the

annual meeting of the Society for Psychotherapy Integration, New York, NY.

**Eubanks, C.F.**, Muran, J.C., & Safran, J.D. (2018, June). Repairing alliance ruptures: Obstacles,

opportunities, and implications for training. In J. Norcross (Chair), *Psychotherapy*

*relationships that work I: Relation of alliance and ruptures to outcome.* Symposium

presented at the annual meeting of the Society for Psychotherapy Integration, New York,

NY.

Salton, W., McGinn, L.K., & **Eubanks, C.F.** (2018, June). Bureaucratic obstacles and culture

clashes: The challenges of integrating research and practice in and across training clinics.

In E. Feindler (Chair), *Herding cats: Practice-research collaboration across psychology*

*training clinics.* Symposium presented at the annual meeting of the Society for

Psychotherapy Integration, New York, NY.

Muran, J.C., **Eubanks, C.F.**, & Safran, J.D. (2018, June). An alliance-focused training (AFT):

Towards resolving ruptures. In **C. F. Eubanks** (Chair), *Teaching therapists to navigate*

*challenging moments in therapy.* Symposium presented at the annual meeting of the

Society for Psychotherapy Integration, New York, NY.

Lipner, L.M., Liu, D., Muran, J.C., & **Eubanks, C.F.** (2018, June). Discrepant quantitative

methods of alliance rupture identification: A single case study. In L. Lipner (Chair), *A*

*single-case study on the occurrence of ruptures in the therapeutic alliance: A multi-*

*method approach.* Symposium presented at the annual meeting of the Society for

Psychotherapy Integration, New York, NY.

Minges, M., Muran, J.C., **Eubanks, C.F.**, Perry, J.C., & Barber, J. (2018, June). Defense

mechanisms and ruptures in the therapeutic alliance: A case study. In L. Lipner (Chair),

*A single-case study on the occurrence of ruptures in the therapeutic alliance: A multi-*

*method approach.* Symposium presented at the annual meeting of the Society for

Psychotherapy Integration, New York, NY.

**Eubanks, C.F.** (2018, June). Discussant. In S. Rudenstine (Chair), *Training in psychotherapy*

*integration at the doctoral level.*  Structured discussion presented at the annual meeting

of the Society for Psychotherapy Integration, New York, NY.

Kelin, S., Rothschild, S., **Eubanks, C.F**., Muran, J.C., & Safran, J.D. (2017, November). *It takes*

*two to tango: Therapists’ contributions to alliance ruptures in CBT with patients with*

*personality disorders.*  Poster presented at the meeting of the Association for Behavioral

and Cognitive Therapies, San Diego, CA.

Bortiz, T.Z., **Eubanks, C.F**., & McMain, S. (2017, June). Alliance rupture and resolution in

borderline personality disorder. In K.N. Levy (Chair), *Psychotherapy for personality*

*disorders: Multiple perspectives on the processes of change.*  Symposium presented at

the annual meeting of the Society for Psychotherapy Research, Toronto, Ontario, Canada.

Lipner, L.M., Muran, J.C., Zilcha-Mano, S., Gardner, J., **Eubanks, C.F.**, & Safran, J.D. (2017,

June). The unique contributions of personality pathology to the therapeutic alliance:

Therapist and patient perspectives. In K.N. Levy (Chair), *Psychotherapy for personality*

*disorders: Multiple perspectives on the processes of change.*  Symposium presented at

the annual meeting of the Society for Psychotherapy Research, Toronto, Ontario, Canada.

Rothschild, S., Kelin, S., **Eubanks, C.F.**, Muran, J.C., & Safran, J.D. (2017, June). Silent but

deadly? Withdrawal ruptures in CBT and Brief Relational Therapy. In L. Moesender

(Chair), *Perspectives on dynamical processes relating to therapeutic alliance—How to*

*strike the perfect balance?* Symposium presented at the annual meeting of the Society for

Psychotherapy Research, Toronto, Ontario, Canada.

Small, R., Muran, J.C., Boutwell, C., Safran, J.D., & **Eubanks, C.F.** (2017, June). A multi-

method examination of therapist interpersonal process and alliance ruptures. In N.

Solomonov (Chair), *Attempting to answer a million dollar question (for free!): Which*

*therapeutic interventions are most facilitative of a strong therapeutic alliance and the*

*development of insight?* Symposium presented at the annual meeting of the Society for

Psychotherapy Research, Toronto, Ontario, Canada.

Kelin, S., Rothschild, S., **Eubanks, C.F**., Muran, J.C., & Safran, J.D. (2017, June). Common

factors and common problems: The therapist’s contribution to alliance ruptures and their

resolution. In **C.F. Eubanks** (Chair), *Integration at the cutting edge: Integrative*

*treatments, processes, and training.* Symposium presented at the annual meeting of the

Society for Psychotherapy Research, Toronto, Ontario, Canada.

Duffy, M.E., Nyman, J., Safran, J.D., **Eubanks, C.F**., & Muran, J.C. (2017, June). The

relationship between observer and self-report measures of ruptures in the therapeutic

alliance: An exploration in the Segmented Working Alliance Inventory Observer-Based

Measure (S-WAI-O). In A. Colli (Chair), *Therapeutic alliance ruptures and resolutions:*

*Attachment, reflective functioning, and countertransference.* Symposium presented at the

annual meeting of the Society for Psychotherapy Research, Toronto, Ontario, Canada.

**Eubanks, C.F**. (2017, June). Discussant. In B. Johnson (Chair), *Building bridges between*

*science and practice: Trainee and trainer experiences.* Structured discussion at the

annual meeting of the Society for Psychotherapy Research, Toronto, Ontario, Canada.

**Eubanks, C.F**. (2017, June). Discussant. In T. Anderson (Chair), *Therapist effects: CBT,*

*Psychodynamic and contextual model findings on identifying effective therapists.*

Symposium presented at the annual meeting of the Society for Psychotherapy Research,

Toronto, Ontario, Canada.

Anderson, T., **Eubanks, C.F**., Safran, J.D. (2017, May). Training therapists in interpersonal

process through video simulation of various client personality styles. In U.Kramer

(Chair), *Interpersonal factors in psychotherapy.* Symposium presented at the annual

meeting of the Society for the Exploration of Psychotherapy Integration, Denver, CO.

**Eubanks, C.F**., Muran, J.C., & Safran, J.D. (2016, November). Trainees’ Experiences in

Alliance-Focused Training. In T.Z. Boritz (Chair), *Alliance rupture and resolution in*

*psychotherapy: Investigations in training, research, and practice.* Symposium presented

at the meeting of the North American chapter of the Society for Psychotherapy Research,

Berkeley, CA.

**Eubanks, C. F.** (2016, November). Discussant. In G. Silberschatz (Chair), *Personalizing*

*psychotherapy research.* Symposium presented at the meeting of the North American

chapter of the Society for Psychotherapy Research, Berkeley, CA.

**Eubanks, C. F.** (2016, November). Discussant. In L. Lipner (Chair), *Alliance and interpersonal*

*processes.* Symposium presented at the meeting of the North American chapter of the

Society for Psychotherapy Research, Berkeley, CA.

Boritz, T.Z., Barnhart, R., **Eubanks, C.F**., & McMain, S. (2016, November). Alliance rupture

and resolution in borderline personality disorder. In T.Z. Boritz (Chair), *Alliance rupture*

*and resolution in psychotherapy: Investigations in training, research, and practice.*

Symposium presented at the meeting of the North American chapter of the Society for

Psychotherapy Research, Berkeley, CA.

Lipner, L.M., Muran, J.C., Zilcha-Mano, S., **Eubanks, C.F.**, & Safran, J.D. (2016, November).

Operationalizing rupture-repair episodes using control charting methods. In L. Lipner

(Chair), *Alliance and interpersonalprocesses.* Symposium presented at the meeting of the

North American chapter of the Society for Psychotherapy Research, Berkeley, CA.

Ellman, Elizabeth, **Eubanks, C.F**., German, M., & Miller, A. (2016, October). Investigating the

heterogeneity of self-injurers: A cluster analysis. Poster presented at the annual

conference of the Association of Behavioral and Cognitive Therapies, New York, NY.

**Eubanks, C.F**., Muran, J.C., & Safran, J.D. (2016, June). Alliance-focused practice and training:

Findings from a NASPR science-to-practice workshop. In C.F. Eubanks (Chair), *Alliance*

*ruptures and resolutions: Training and practice.* Symposium presented at the annual

meeting of the Society for Psychotherapy Research, Jerusalem, Israel.

**Eubanks, C.F.**, Muran, J.C., Safran, J.D., & Lubitz, J. (2016, June). Alliance ruptures and

repairs as predictors of treatment dropout in CBT. In S. Zilcha-Mano (Chair), *A fresh*

*look at the therapeutic alliance: Interpersonal problems, resolution of ruptures, and*

*treatment outcome.* Symposium presented at the annual meeting of the Society for

Psychotherapy Research, Jerusalem, Israel.

**Eubanks, C.F.** (2016, June). Discussant. In G. Silberschatz (Chair), *Widening the lens on*

*patient feedback in psychotherapy.* Structured discussion presented at the annual meeting

of the Society for Psychotherapy Research, Jerusalem, Israel.

Lipner, L.M., Muran, J.C., Zilcha-Mano, S., Gardner, J., **Eubanks, C.F**., & Safran, J.D. (2016,

June). Differences in patterns of alliance in patients diagnosed with and without a

personality disorder in two time-limited psychotherapies. Poster session presented at the

annual meeting of the Society for Psychotherapy Research, Jerusalem, Israel.

Small, R.B., Muran, J.C., Safran, J.D., & **Eubanks, C.F**. (2016, June). Therapist self-expression,

emotional involvement, & alliance perspective in an alliance focused therapy. Poster

session presented at the annual meeting of the Society for Psychotherapy Research,

Jerusalem, Israel.

Zilcha-Mano, S., Muran, J.C., Hungr, C., **Eubanks, C.F**., Safran, J.D., & Winston, A. (2016,

June). The relationship between alliance and outcome and its moderators: Analyses of a

two-person perspective on alliance and outcome. In S. Zilcha-Mano, *What can advanced*

*methodologies teach us about the alliance-outcome association that we did not know?*

Symposium presented at the annual meeting of the Society for Psychotherapy Research,

Jerusalem, Israel.

August, M.A., Safran, J.D., Muran, J.C., & **Eubanks, C.F**. (2015, June). Examining the

relationship between therapist experiencing and psychotherapy process and outcome. In

Y. Kivity & J.D. Huppert (Chairs), *The interplay between the therapeutic alliance and*

*affect/affect regulation in psychotherapy: Findings and relations with treatment process*

*and outcome.* Symposium presented at the annual meeting of the Society for

Psychotherapy Research, Philadelphia, PA, USA.

Auman, B., **Eubanks, C.F.,** Muran, J.C., Safran, J.D., & Winston, A. (2015, June). The alliance,

session depth and outcome in two time-limited therapies. In **C.F. Eubanks** (Chair), *A*

*deeper look at the alliance.* Symposium presented at the annual meeting of the Society

for Psychotherapy Research, Philadelphia, PA, USA.

Boritz, T., **Eubanks, C.F.,** & McMain, S. (2015). Alliance rupture and resolution in borderline

personality disorder. In T. Bortiz & S. McMain (Chairs), *Predictors of treatment*

*response in borderline personality disorder.* Symposium presented at the annual meeting

of the Society for Psychotherapy Research, Philadelphia, PA, USA.

Gardner, J.R., Muran, J.C., Gorman, B.S., **Eubanks, C.F**., Safran, J.D., & Winston, A. (2015,

June). Temporal proximity in alliance rupture-repair events: Significance to overall

treatment outcome. In **C.F. Eubanks** & J.C.Muran (Chairs), The alliance and patient and

therapist interpersonal behaviors as predictors of change. Symposium presented at the

annual meeting of the Society for Psychotherapy Research, Philadelphia, PA, USA.

Gardner-Schuster, E.E., Safran, J.D., Muran, J.C., **Eubanks, C.F**., Bailey, R.J., & Lambert, M.

(2015). A closer look at a feedback and clinical support tools intervention in

psychotherapy with patients at risk for treatment failure. In R. King & M.A. O’ Brien

(Chairs), *Therapy outcomes in university counselling services.* Symposium presented at

the annual meeting of the Society for Psychotherapy Research, Philadelphia, PA, USA.

Ham, J., Muran, J.C., Tufekcioglu, S., **Eubanks, C.F.,** Safran, J.D., & Winston, A. (2015, June).

Early gains versus early alliance in predicting outcome in two time-limited

psychotherapies. In **C.F. Eubanks** & J.C.Muran (Chairs), The alliance and patient and

therapist interpersonal behaviors as predictors of change. Symposium presented at the

annual meeting of the Society for Psychotherapy Research, Philadelphia, PA, USA.

Jock, W., Safran, J.D., Muran, J.C., & **Eubanks, C.F.** (2015). Changes in observer- and patient-

rated process after implementation of alliance focused training on cognitive behavior

therapy cases. In A. Roussos (Chair), Therapeutic alliance and its relationships with

client variables, psychotherapeutic process and change. Symposium presented at the

annual meeting of the Society for Psychotherapy Research, Philadelphia, PA, USA.

Knopf, L.E., Muran, J.C., Safran, J.D., **Eubanks, C.F**., Winston, A., & Bloch-Elkouby, S. (2015,

June). Personal agency as a change factor in a cognitive-behavioral therapy for

personality disorders. In **C.F. Eubanks** & J.C.Muran (Chairs), The alliance and patient

and therapist interpersonal behaviors as predictors of change. Symposium presented at

the annual meeting of the Society for Psychotherapy Research, Philadelphia, PA, USA.

Lubitz, J., **Eubanks, C.F**., Muran, J.C., Safran, J.D., & Winston, A. (2015, June). Patient and

therapist interpersonal behaviors as predictors of treatment dropout. In **C.F. Eubanks** &

J.C.Muran (Chairs), The alliance and patient and therapist interpersonal behaviors as

predictors of change. Symposium presented at the annual meeting of the Society for

Psychotherapy Research, Philadelphia, PA, USA.

Muran, J.C., **Eubanks, C.F**., Safran, J.D., & Winston, A. (2015, June). Developing the therapist

in relation: Ruptures, reflection & the expressive position. In O. Tishby (Chair), Lessons

from therapists’ subjective and relational experiences of the alliance. Symposium

presented at the annual meeting of the Society for Psychotherapy Research, Philadelphia,

PA, USA.

Panzer, A., **Eubanks, C.F**., Muran, J.C., Safran, J.D., & Winston, A. (2015, June). Patient-

therapist agreement and dropout status. . In **C.F. Eubanks** (Chair), *A deeper look at the*

*alliance.* Symposium presented at the annual meeting of the Society for Psychotherapy

Research, Philadelphia, PA, USA.

Small, R., Muran, J.C., **Eubanks, C.F**., Safran, J.D., & Winston, A. (2015, June). The influence

of therapist mindfulness and emotion regulation skills on rupture recognition and

resolution. Poster session presented at the annual meeting of the Society for

Psychotherapy Research, Philadelphia, PA, USA.

Boswell, J.F., Caspar, F., **Eubanks, C.F**., Gomez, B., Holmqvist, R., & Fernandez-Alvarez, H.

(2015, June). In L. Castonguay (Chair), *Working together: Lessons from therapists and*

*researcher partnerships in conducting clinically relevant studies.* Structured discussion

presented at the annual meeting of the Society for Psychotherapy Integration, Baltimore,

MD, USA.

Boswell, J.F., Caspar, F., Castonguay, L., Fernandez-Alvarez, H., Gomez, B., & Holmqvist, R.

(2015, June). In **C. F. Eubanks** (Chair), *Working together: Practice-oriented research*

*from the clinician’s perspective.* Structured discussion presented at the annual meeting of

the Society for Psychotherapy Integration, Baltimore, MD, USA.

Castonguay, L., **Eubanks, C.F**., Messer, S.B., Muran, J.C., Shahar, G., Stricker, G., & Wachtel,

P. (2015, June). In S. Bloch-Elkouby (Chair), *Can the twain actually meet? Integrating*

*psychodynamic and cognitive-behavioral treatments.* Structured discussion presented at

the annual meeting of the Society for Psychotherapy Integration, Baltimore, MD, USA.

Safran, J.D., Muran, J.C., & **Eubanks, C.F.** (2015, June). *Alliance-focused training: Strategies*

*for identifying, addressing, and repairing ruptures in the therapeutic alliance*. Workshop

presented at the annual meeting of the Society for Psychotherapy Integration, Baltimore,

MD, USA.

Bloch-Elkouby, S., Taylor, J., Muran, J.C., **Eubanks-Carter, C**., Gorman, B.S., & Safran, J.

(2014, June). Treatment deterioration and psychotherapy process: A case study. In A.

Werbart (Chair), *Treatment failures and non-responding patients: Lessons from*

*qualitative and quantitative studies.* Panel conducted at the annual meeting of the Society

for Psychotherapy Research, Copenhagen, Denmark.

**Eubanks-Carter, C**., Muran, J.C., & Safran, J. (2014, June). Alliance ruptures: Obstacles or

opportunities? In M. Krause (Chair), *How are relevant episodes in psychotherapy related*

*to change? An analysis of ruptures and resolutions, innovative moments, and change*

*and stuck episodes.* Panel conducted at the annual meeting of the Society for Psychotherapy Research, Copenhagen, Denmark.

Jock, W.A., Kraus, J., Safran, J., Muran, J.C., & **Eubanks-Carter, C**. (2014, June). Effects of

alliance focused training on therapeutic process: A move from dependence towards

autonomy. In R. Holmqvist (Chair), *Studies of rupture-repair processes in*

*psychotherapy*. Panel conducted at the annual meeting of the Society for Psychotherapy

Research, Copenhagen, Denmark.

Muran, J.C., Gorman, B.S., Safran, J., **Eubanks-Carter, C**., & Winston, A. (2014, June).

Exploring changes in interpersonal process, intermediate and ultimate outcome in a

within-subject experimental study of an alliance-focused training. In S. Zilcha-Mano

(Chair), *In what way is alliance therapeutic? An examination of the mechanisms*

*underlying the association between alliance and symptomatic change.* Panel conducted at

the annual meeting of the Society for Psychotherapy Research, Copenhagen, Denmark.

Stein, S.D., Nagao, E., & **Eubanks-Carter, C**. (2014, June). *Influence of therapist-trainee*

*personal therapy and rejection sensitivity on facilitative interpersonal skills.* Poster

presented at the annual meeting of the Society for Psychotherapy Research, Copenhagen,

Denmark.

Bloch-Elkouby, S., Muran, J.C., Knopf, L., **Eubanks-Carter, C**., & Safran, J. (2014, April).

Deterioration in psychotherapy in incongruence between therapists’ and patients’

subjective experience. In **C. Eubanks-Carter** (Chair), *When the best laid plans go awry:*

*An exploration of patient deterioration and therapist noncompliance.* Panel conducted at

the annual meeting of the Society for the Exploration of Psychotherapy Integration,

Montreal, Canada.

**Eubanks-Carter, C**., Bloch-Elkouby, S., Hungr, C., Muran, J.C., & Safran, J.D. (2014, April).

A closer look at deterioration and noncompliance: An evidence-based case study. In **C.**

**Eubanks-Carter** (Chair), *When the best laid plans go awry: An exploration of patient*

*deterioration and therapist noncompliance.* Panel conducted at the annual meeting of the

Society for the Exploration of Psychotherapy Integration, Montreal, Canada.

Gardner-Schuster, E., Safran, J., Muran, J.C., **Eubanks-Carter, C**., Bailey, R.J., & Lambert,

M.J. (2014, April). *Exploring a feedback and clinical support tools intervention in*

*psychotherapy with patients at risk for treatment failure*. Poster presented at the annual

meeting of the Society for the Exploration of Psychotherapy Integration, Montreal,

Canada.

Berk, E., Safran, J., Muran, J.C., & **Eubanks-Carter, C**. (2013, October). The effects of rupture

resolution training on the therapeutic alliance as measured with the segmented working

alliance inventory (S-WAI-O). In **C. Eubanks-Carter** (Chair), *Understanding the rupture resolution process and assimilative integration through qualitative and*

*quantitative methods*. Panel conducted at the meeting of the North American Chapter of

the Society for Psychotherapy Research, Memphis Tennessee.

Boutwell, C., Safran, J., Muran, J.C., & **Eubanks-Carter, C**. (2013, October). The effects of

alliance focused training on therapists’ experience of the therapeutic relationship. In J.C.

Muran & J. Safran (Chairs), *The effects of a specialized alliance focused training on*

*therapeutic process and outcome.* Panel conducted at the meeting of the North American

Chapter of the Society for Psychotherapy Research, Memphis Tennessee.

Grossman, J., & **Eubanks-Carter, C.** (2013, October). Understanding assimiliative integration

from a philosophical, individual, and clinical perspective. In **C. Eubanks-Carter**

(Chair), *Understanding the rupture resolution process and assimilative integration*

*through qualitative and quantitative methods.* Panel conducted at the meeting of the North American chapter of the Society for Psychotherapy Research, Memphis,

Tennessee.

Jock, W., Safran, J., Muran, J.C., & **Eubanks-Carter, C.** (2013, October). Effects of alliance-

focused training on therapeutic process. In J.C. Muran & J. Safran (Chairs), *The effects of*

*a specialized alliance focused training on therapeutic process and outcome.* Panel

conducted at the meeting of the North American Chapter of the Society for Psychotherapy Research, Memphis Tennessee.

Kraus, J., Safran, J., Muran, J.C., & **Eubanks-Carter, C**. (2013, October). Moving from

dependence towards autonomy: A research-informed case study of interpersonal process and change. In J.C. Muran & J. Safran (Chairs), *The effects of a specialized alliance*

*focused training on therapeutic process and outcome.* Panel conducted at the meeting of

the North American Chapter of the Society for Psychotherapy Research, Memphis

Tennessee.

McCue, A., Muran, J.C., Safran, J., Gorman, B., & **Eubanks-Carter, C.** (2013, October).

*Assessing the impact of alliance-focused training on patient and therapist rated alliance.*

Poster presented at the meeting of the North American Chapter of the Society for

Research, Memphis Tennessee.

Muran, J.C., Safran, J., **Eubanks-Carter, C.,** & Winston, A. (2013, October). A multiple phase

change design to evaluate the effect of alliance-focused training. In J. Barber (Chair),

*Innovative approaches to the study of the therapeutic alliance.* Panel conducted at the

meeting of the North American Chapter of the Society for Research, Memphis

Tennessee.

Shaker, A., Safran, J., Muran, J.C., & **Eubanks-Carter, C**. (2013, October). A qualitative

analysis of rupture sessions in high and low outcome brief relational therapy cases. In **C.**

**Eubanks-Carter** (Chair), *Understanding the rupture resolution process and assimilative*

*integration through qualitative and quantitative methods*. Panel conducted at the meeting

of the North American Chapter of the Society for Research, Memphis Tennessee.

Berk, E.A., Safran, J., Muran, C., & **Eubanks-Carter, C**. (2012, June). The effects of rupture

resolution training on the therapeutic alliance as measured with the segmented working

alliance inventory (S-WAI-O). In J.D. Safran & J.C. Muran (Chairs), *The effects of a*

*specialized rupture resolution training on therapeutic process and outcome*. Panel

conducted at the annual meeting of the Society for Psychotherapy Research, Virginia

Beach, Virginia.

Bolger, K.W., **Eubanks-Carter, C.,** Safran, J., & Muran, C. (2012, June). The supervisory

alliance and its effect on the therapeutic alliance. In **C. Eubanks-Carter** (Chair), *The*

*impact of therapist factors on the alliance and outcome.* Panel conducted at the annual

meeting of the Society for Psychotherapy Research, Virginia Beach, Virginia.

DeMaria, A., Safran, J., Muran, C., & **Eubanks-Carter, C**. (2012, June). Rupture resolution

training and its effect on patient and therapist interpersonal process. In J.D. Safran & J.C.

Muran (Chairs), *The effects of a specialized rupture resolution training on therapeutic*

*process and outcome.* Panel conducted at the annual meeting of the Society for

Psychotherapy Research, Virginia Beach, Virginia.

**Eubanks-Carter, C.** (2012, June). Discussant. In Silberschatz, G. (Chair), *Lessons learned from*

*a lifetime of psychotherapy research and practice.* Panel presented at the annual meeting

of the Society of Psychotherapy Research, Virginia Beach, .Virginia.

**Eubanks-Carter, C**., Muran, C., & Safran, J. (2012, June). Therapist skills for negotiating the

alliance. In **C. Eubanks-Carter** (Chair), *The impact of therapist factors on the alliance*

*and outcome.* Panel conducted at the annual meeting of the Society for Psychotherapy

Research, Virginia Beach, Virginia.

Mitchell, A., **Eubanks-Carter, C**., Safran, J.D., Muran, J. C. (2012, June). An observer-based

measure: The Rupture Resolution Rating System V3 (3RS). In J.D. Safran (Chair),

*Measuring the alliance: The development of measures of ruptures and negotiation.* Panel

conducted at the annual meeting of the Society for Psychotherapy Research, Virginia

Beach, Virginia.

**Eubanks-Carter, C**., & Gorman, B.S. (2010, June). When the alliance gets out of control:

Control charting as a tool for identifying alliance ruptures and resolutions*.* In J.C. Muran

(Chair), *The relationship between the therapeutic alliance, alliance ruptures, treatment*

*process, and outcome.* Panel conducted at the annual meeting of the Society for

Psychotherapy Research, Asilomar, California.

Ham, J., **Eubanks-Carter, C**., Karageorge, J., & Muran, J.C. (2010, June). Early gains versus

early alliance in predicting overall change. In J.C. Muran (Chair), *The relationship*

*between the therapeutic alliance, alliance ruptures, treatment process, and outcome.*

Panel conducted at the annual meeting of the Society for Psychotherapy Research,

Asilomar, California.

Mitchell, A., **Eubanks-Carter, C**., Muran, J.C., & Safran, J.D. (2010, June). Version II of the

3RS, a new observer-based system for rating confrontation and withdrawal rupture

markers and rupture resolution strategies. In **C. Eubanks-Carter** (Chair), *Advances in*

*observer-based methods for identifying and examining alliance ruptures and resolutions*

*and their relationship to process and outcome.*  Panel conducted at the annual meeting of

the Society for Psychotherapy Research, Asilomar, California.

Beeney, J. E., Burckell, L., **Eubanks Carter, C.,** Levy, K. N. (Chair), Scott, L. N., &

Wasserman, R. H. (2008, September). *Show me the money! Obtaining pre and post-*

*doctoral funding for your psychotherapy research*. Open discussion presented at the

meeting of the North American Society for Psychotherapy Research, New Haven, CT.

MacEwan, G., Boswell, J.F., Constantino, M.J., DeGeorge, J., **Eubanks-Carter, C**., Friedlander,

M., Muran, J.C., & Safran, J.D. (2008, September). The therapeutic alliance: Expert and

student perspectives on current and ideal training practices. Discussion group presented

at the meeting of the North American Chapter of the Society for Psychotherapy Research,

New Haven, CT.

Mitchell, A**., Eubanks-Carter, C**., Muran, J.C., & Safran, J.D.(2008, September). Development

of a new observer-based system for rating confrontation and withdrawal rupture markers

and rupture resolution strategies.In **C. Eubanks-Carter** (Chair), *Recent initiatives in*

*alliance rupture and rupture resolution research.* Panel conducted at the meeting of the

North American Society for Psychotherapy Research, New Haven, Connecticut.

Zack, S., Choksi, K., **Eubanks-Carter, C**., & Muran, J.C. (2008, September). Childhood trauma

as a predictor of early alliance formation and rupture-repair in time-limited

psychotherapy. In **C. Eubanks-Carter** (Chair), *Recent initiatives in alliance rupture and*

*rupture resolution research.* Panel conducted at the meeting of the North American

Society for Psychotherapy Research, New Haven, Connecticut.

**Eubanks-Carter, C**., Muran, J.C., Safran, J.D., & Mitchell, A. (2008, June). Development of an

observer-based rupture resolution rating system. In J.C. Muran (Chair), *Recent*

*developments in rupture resolution research.* Panel conducted at the annual meeting of

the Society for Psychotherapy Research, Barcelona, Spain.

Muran, J.C., Safran, J.D., Gorman, B.S., **Eubanks-Carter, C**., & Banthin, D. (2008, June).

*Identifying ruptures & their resolution from postsession self-report measures.* In J.C.

Muran (Chair), *Recent developments in rupture resolution research.* Panel conducted at

the annual meeting of the Society for Psychotherapy Research, Barcelona, Spain.

**Eubanks-Carter, C**. (2008, May). *Clinical Consensus Strategies for Interpersonal Problems.*

Paper presented at the annual meeting of the Society for the Exploration of

Psychotherapy Integration, Boston, Massachusetts.

**Eubanks-Carter, C**. (2007, June). Clinical consensus strategies for interpersonal problems*.* In

**C. Eubanks-Carter** (Chair), *Mining clinical wisdom: Innovative ways to bridge the gap*

*between research and practice by involving clinicians in psychopathology and*

*psychotherapy research.* Panel conducted at the annual meeting of the Society for

Psychotherapy Research, Madison, Wisconsin.

Sharf, J**., Eubanks-Carter, C**., Muran, J.C., & Safran, J.D. (2007, June). Early rupture and

resolution events in three psychotherapies. In J.C. Muran (Chair), *Treatment outcome &*

*rupture events in psychotherapy.* Panel conducted at the annual meeting of the Society for

Psychotherapy Research, Madison, Wisconsin.

**Eubanks-Carter, C**. (2005, May). Supervisee’s experience with integrative supervision from a

CBT perspective. In L.A. Burckell (Chair), *Three perspectives on integrative*

*supervision.* Symposium conducted at the annual meeting of the Society for the

Exploration of Psychotherapy Integration, Toronto, Canada.

**Eubanks-Carter, C.** (2004, June). The impact of client gender and sexual orientation on

therapists’ clinical decisions: Preliminary findings. In M.R. Goldfried (Chair), *What*

*makes a lesbian/gay/bisexual-affirmative therapist?* Symposium conducted at the annual

meeting of the Society for the Exploration of Psychotherapy Integration, Amsterdam, the

Netherlands.

**Eubanks-Carter, C**. (2004, June). Invited panel discussant. In H. Rapp and S. Colijn (Chairs),

*Practice based evidence: What do practitioners need to know to become better therapists*

*and how to find out.* Plenary conducted at the annual meeting of the Society for the exploration of Psychotherapy Integration, Amsterdam, the Netherlands.

Burckell, L.A., **Eubanks-Carter, C.,** & Goldfried, M.R. (2003, November). Core issues and

future directions in psychotherapy integration. In M.R. Goldfried (Chair), *What’s*

*happening in psychotherapy integration?* Symposium conducted at the meeting of the

North American Society for Psychotherapy Research, Newport, R.I.

**Eubanks-Carter, C.** (2003, November). *Psychotherapies for borderline personality disorder: A*

*meta-analyst’s view.* Poster session presented at the meeting of the North American

Society for Psychotherapy Research, Newport, R.I.

Burckell, L.A., **Eubanks-Carter, C**., Goldfried, M.R., Kruk, J., Miller, M., Oakes, M., Wachtel,

P.L., & Wentzel, J. (2003, May). *The future of psychotherapy integration: The new*

*generation*. Symposium conducted at the annual meeting of the Society for the

Exploration of Psychotherapy Integration, New York, NY.

Burckell, L.A., **Eubanks-Carter, C**., & Goldfried, M.R. (2002, May). The therapeutic change

process as a model for changing bias against gay, lesbian, and bisexual (GLB) clients. In

M.R. Goldfried (Chair), *Therapist bias with gay, lesbian, and bisexual clients: Origins*

*and interventions.* Symposium conducted at the annual meeting of the Society for the

Exploration of Psychotherapy Integration, San Francisco, CA.

**Eubanks-Carter, C**., Burckell, L.A., & Goldfried, M.R. (2002, May). Therapist bias: Origins,

nature, and implications. In M.R. Goldfried (Chair), *Therapist bias with gay, lesbian, and*

*bisexual clients: Origins and interventions.* Symposium conducted at the annual meeting

of the Society for the Exploration of Psychotherapy Integration, San Francisco, CA.

**EDITORIAL ACTIVITIES:**

Co-Editor

2022-present *Psychotherapy Research*

Associate Editor

2017-2022 *Journal of Consulting and Clinical Psychology*

2017-2018 *Psychotherapy Research*

Editorial Board

2021-present *Clinical Psychology: Science and Practice*

2019-present *Journal of Clinical Psychology: In Session*

2016-present *Journal of Psychotherapy Integration*

2010-2017, 2019-2021 *Psychotherapy Research*

2016-2017 *Psychotherapy*

Guest Editor

2021 Co-Editor of Special Issue “Evidence-based tailoring of treatment to patients,

providers, and/or processes, *Journal of Consulting and Clinical Psychology*

2021 Co-Editor of Special Issue “Rupture repair in practice,” *Journal of Clinical*

*Psychology: In Session*

2020-2022 Guest Action Editor, *Journal of Counseling Psychology*

2019 Co-Editor of Special Section in honor of Jeremy D. Safran, *Psychoanalytic*

*Psychology*

Ad hoc

*Australian Psychologist*

*BMC Health Services Research*

*Clinical Psychology & Psychotherapy*

*Clinical Psychology: Science and Practice*

*Cognitive Therapy and Research*

*Counselling Psychology Quarterly*

*Infant Mental Health Journal*

*International Journal of Group Psychotherapy*

*Journal of Behavioral and Cognitive Therapy*

*Journal of Clinical Psychology*

*Journal of Contemporary Psychotherapy*

*Journal of Psychiatric Research*

*Practice Innovations*

*Psychoanalytic Psychology*

*Psychological Bulletin*

*Psychology and Psychotherapy: Theory, Research, and Practice*

*Research in Psychotherapy: Psychopathology, Process and Outcome*

*The Clinical Supervisor*

External Reviewer

Israel Science Foundation

Swiss National Science Foundation

United States-Israel Binational Science Foundation

**PROFESSIONAL MEMBERSHIPS:**

Society for Psychotherapy Research (SPR)

North American Chapter of the Society for Psychotherapy Research (NASPR)   
Society for the Exploration of Psychotherapy Integration (SEPI)

American Psychological Association (APA)

Division 12 (Clinical Psychology) of the American Psychological Association

Division 29 (Psychotherapy) of the American Psychological Association

**PROFESSIONAL COMMITTEES:**

2023 Member, ad hoc committee, Fairness: Diversity and Inclusion, Society for

Psychotherapy Research

2023 Chair, Selection Committee, Co-Editor of *Psychotherapy Research*

2022 Member, Nominations & Elections Committee, Society for the Exploration of Psychotherapy Integration

2022 Member, Poster Award Committee, Society for Psychotherapy Research

2022 Member, Program Committee, Annual meeting of the Society for Psychotherapy

Research

2017-2020 Executive Committee, Society for the Exploration of Psychotherapy Integration

2019-20 Program Committee, Annual meeting of the Society for the Exploration of

Psychotherapy Integration, Vancouver, Canada

2018-19 Chair, Program Committee, Annual meeting of the Society for the Exploration of

Psychotherapy Integration, Lisbon, Portugal

2018 Member, Small Research Grant Review Committee, Society for Psychotherapy

Research

2018 Local host committee, Annual meeting of the Society for the Exploration of

Psychotherapy Integration, New York, NY

2017 Member, Nominations and Elections Committee, Society for the Exploration of

Psychotherapy Integration

2017 Member, Small Research Grant Review Committee, Society for Psychotherapy

Research

2017 Member, Nominations and Elections Committee, APA Division 29

2016 Member, Planning Committee, Meeting of the North American chapter of the

Society for Psychotherapy Research, Berkeley, CA

2016 Chair, Continuing Education, Annual meeting of the Society for the Exploration

of Psychotherapy Integration, Dublin, Ireland

2016 Past Chair and member, Research Committee, Society for the Exploration of

Psychotherapy Integration

2015-16 Member, Program Committee, Division 29, Meeting of the American

Psychological Association, Denver, Colorado

2015-16 Member, Program Committee, Annual meeting of the Society for Psychotherapy

Research, Jerusalem, Israel

2015-16 Member, Program Committee, Annual meeting of the Society for the Exploration

of Psychotherapy Integration, Dublin, Ireland

2015 Co-Chair, Program Committee, Annual meeting of the Society for the Exploration

of Psychotherapy Integration, Baltimore, Maryland

2015 Chair, Research Committee, Society for the Exploration of Psychotherapy

Integration

2015 Member, NASPR Student Travel Awards Committee, Meeting of the Society for

Psychotherapy Research, Philadelphia, Pennsylvania

2015 Member, Program Committee, Meeting of the Association for Behavioral and

Cognitive Therapies, Chicago, Illinois

2014 Member, NASPR Student Travel Awards Committee, Meeting of the Society for

Psychotherapy Research, Copenhagen, Denmark

2014 Member, Program Committee, Meeting of the Association for Behavioral and

Cognitive Therapies, Philadelphia, Pennsylvania

2013 Member, Student Travel Awards Committee, Meeting of the North American

Chapter of the Society for Psychotherapy Research, Memphis, Tennessee

2013 Member, Planning Committee, Meeting of the North American Chapter of the

Society for Psychotherapy Research, Memphis, Tennessee

2010 Member, Program Committee, Division 12, Meeting of the American

Psychological Association, San Diego, California

**PROFESSIONAL TRAININGS:**

2013 Multi-Level Modeling, Epidemiology and Population Health Summer Institute at

Columbia University. Five-day course taught by Gina Lovasi and Catherine

Richards. June 10-14.

2013 Longitudinal Data Analysis, Epidemiology and Population Health Summer

Institute at Columbia University. Five-day course taught by Brandon Marshall.

June 24-28.

2005 Summer Emotions Institute, York University. Four-day training in emotion-

focused therapy led by Leslie Greenberg.

2002 Transference focused psychotherapy for personality disorders, Personality

Disorders Institute, Weill Cornell Medical College. One-day training led by Otto

Kernberg, Pamela Foelsch, and Frank Yeomans.

1999 Prevention and Relationship Enhancement Program (PREP), New York

University. One-day training led by Peter Fraenkel.

**SCHOOL/DEPARTMENTAL SERVICE**

2022, fall Member, Derner Research Standards Committee

2023, spring Interim Chair, Derner Research Standards Committee

2022-2023 Member, Adelphi Institutional Review Board

**TEACHING EXPERIENCE**

2022-present Derner School of Psychology, Adelphi University

Advanced topics in Mental Health

Psychotherapy Integration and How to Understand Change

Supervision Theory & Practice

Psychotherapy Case Conference

Psychological Research I, II

Doctoral Thesis Supervision I, II

Clinical Practice III, IV: Psychotherapy Practicum

Directed Individual Research Emerging Scholars Program

2010-2022 Ferkauf Graduate School of Psychology, Yeshiva University

Special Topics in Psychotherapy: Alliance (2022)

Supervision & Consultation (2020-present)

Basic Psychotherapy Skills (2020-present)

Research Seminar: Effective Therapists I (2010-present)

Research Seminar: Effective Therapists II (2011-present)

Concepts in Psychotherapy (2014-present)

Psychopathology (2016-2020)

Cognitive Therapy (2010-2018)

Data Analysis (2011-2014)

Research Design (2011-2012)

2004 Instructor in Psychology, Stony Brook University

Statistical Methods in Psychology

Recitation instructor, Research and Writing in Psychology

2000-2001 New York University

Recitation Instructor, Personality

**DOCTORAL RESEARCH PROJECTS CHAIRED**

2023 Jonathan Warren, Yeshiva University

The relationship between shame and the therapeutic alliance: A qualitative study

2023 Julia Melvin, Yeshiva University

The therapeutic alliance, therapy, and psychosis: Salient aspects identified by peer advocates

2023 Hannah Schmitt, Yeshiva University

Movement synchrony and alliance ruptures in dialectical behavioral therapy for

borderline personality disorder: An exploratory study

2023 Rachel Keitelman, Yeshiva University

The relation between patients’ ideal therapists and their other close

relationships

2022 Daniel Meyerson, Yeshiva University

Psychology trainees’ navigation of disclosure of lived experiences of mental health challenges in clinical supervision: A grounded theory study

\**Winner of Dean Morton Berger Memorial Prize for Excellence in Research*

2022 Li-Wei (Kyle) Yuan, Yeshiva University

The relationship between therapist adherence, the alliance, and patient outcome

over time

2022 Jessie Borkan, Yeshiva University

Rupture, repair, and the working alliance in a case study design

2022 Lauren Leffell, Yeshiva University

Therapist contributions to the alliance and rupture-repair process

2021 Seiji Iino, Yeshiva University

Bipolar disorder and ruptures in the therapeutic alliance: An instrumental case study

2021 Nelly Seo, Yeshiva University

Therapist self-disclosure in the context of racial match and mismatch

2020 Sarah Meyer, Yeshiva University

Divine Intervention: Religiosity Match and the Therapeutic Alliance

2020 Jamie Schaffer, Yeshiva University

Examining the therapeutic alliance in a neuropsychological setting

2019 Joey Sergi, Yeshiva University

Sexual orientation microaggressions and the therapeutic alliance: Impact,

recognition, and repair

\**Winner of Dean Morton Berger Memorial Prize for Excellence in Research*

2019 Melissa Rothstein Wasserman, Yeshiva University

Evaluating patient and clinician perceptions of touch within the context of the

therapeutic alliance

2019 Danielle Dreher, Yeshiva University

Therapist self-awareness, mindfulness, and rupture resolution

2018 Kelly Meyering, Yeshiva University

The impact of patient-therapist age gap on alliance rupture, repair, and outcome.

2017 Sara Rothschild, Yeshiva University

The relationship between withdrawal ruptures and patient dropout.

2017 Shira Kelin, Yeshiva University

The therapist’s role in causing and resolving ruptures in the alliance

2016 Liana Diamond, Yeshiva University

The impact of personal therapy and self-disclosure on therapist burnout: An

exploration of the impaired therapist/wounded healer paradigm.

2016 Elizabeth Ellman, Yeshiva University

Investigating the heterogeneity among self-injurers: Subgroups in clinical urban

minority adolescents.

\**Winner of Dean Morton Berger Memorial Prize for Excellence in Research*

2016 Briana Auman, Yeshiva University

The relationship between working alliance, session depth, and treatment

outcomes: A component analysis

2016 Francesca Lewis-Hatheway, Yeshiva University

The impact of a mindfulness intervention on burnout levels in direct care staff

2016 Eriko Nagao Dunn, Yeshiva University

Influence of therapist-trainees’ personal therapy on facilitative interpersonal skills

2016 Samantha Stein, Yeshiva University

Influence of therapist-trainees’ rejection sensitivity on facilitative interpersonal

Skills

2015 Aviva Panzer Katz, Yeshiva University

Patient-therapist agreement and dropout status

2015 Erin King, Yeshiva University

Identifying change in reflective functioning during therapy

2014 Alexandra Drake, Yeshiva University

Therapist self-critical self-perception and rupture process

2014 Jessica Lubitz, Yeshiva University

Patient and therapist interpersonal behaviors as predictors of treatment dropout

\**Winner of Dean Morton Berger Memorial Prize for Excellence in Research*

2014 Madeline Gross, Yeshiva University

Help-seeking attitudes and behaviors in adolescents who engage in non-suicidal

self-injury

2014 Martha Bennett, Yeshiva University

Childhood religious climate, sexual orientation, and mental health in young gay

men

2014 Jessica Escott (Grossman), Yeshiva University

A study of the processes of cognitive behavioral assimilative integration

2013 Laura Bernstein, Yeshiva University

Discrimination, gay-related stress, and mental health in young sexual minority

men

2013 Indiana Buttenwieser, Yeshiva University

The influence of self-control and perceived discrimination on rates of body

dissatisfaction in sexual minority men

2013 Irene Yu Yan Cheng, Yeshiva University

Therapist factors of mindfulness, emotion regulation, and interpersonal skills in working with patients with borderline personality disorder features

**DOCTORAL RESEARCH PROJECTS/DISSERTATIONS, COMMITTEE MEMBER**

Year Student University Advisor

2022 Shun Li Yeshiva University C. Auerbach

2022 Jordan Meisel Yeshiva University W. Arsenio

2022 Soledad Larrea (DPsych) Anna Freud Centre/UCL E. Avdi

2022 Nicole Weishoff Yeshiva University K. Aafjes-van Doorn

2021 Nofar Yaacoby Yeshiva University K. Aafjes-van Doorn

2021 Yocheved Ayden Ferstenberg Yeshiva University K. Aafjes-van Doorn

2021 Joo Hwan Shin Yeshiva University C. Auerbach

2021 Anjali Thomas Yeshiva University W. Arsenio

2021 Michael Nettis-Benstock Yeshiva University W. Arsenio

2020 Tohar Dolev-Amit University of Haifa S. Zilcha-Mano

2020 Kathryn Davis Yeshiva University W. Arsenio

2020 Michelle Feder Yeshiva University M. Wheaton

2020 Maggie Harris Yeshiva University S. Goldklank

2020 Alina Liu Yeshiva University K. Walsh

2020 Lauren Sternberg Yeshiva University M. Wheaton

2020 Ira Yenko Yeshiva University R. Zweig

2020 Tamar Bachrach Yeshiva University S. Goldklank

2020 Kristina DiRe Yeshiva University M. Wheaton

2019 Ilana Pomerantz Yeshiva University W. Arsenio

2019 Sabrina Romanoff Yeshiva University W. Arsenio

2019 Jacob Nyman New School for Social Research H. Steele

2019 Jorge Alcantar Yeshiva University S. Goldklank

2019 Matthew Perlman Ohio University T. Anderson

2019 Lauren Atlas Yeshiva University R. Zweig

2019 Kellie McFarlane Yeshiva University M. Wheaton

2018 Madeleine Miller-Bottome New School for Social Research J. Safran

2018 Mary Minges Adelphi University J. Barber

2018 Rachel Duffy Yeshiva University W. Arsenio

2018 Caitlyn Arutiunov Yeshiva University K. Walsh

2018 Marissa Neto Yeshiva University S. Goldklank

2018 Heidi Esterman Yeshiva University C. Auerbach

2018 Erica Gardner-Schuster New School for Social Research J. Safran

2018 Madeline August New School for Social Research J. Safran

2018 Basha Silver Yeshiva University W. Arsenio

2018 Michelle Chu Yeshiva University A. Van Meter

2017 Jenna Feldman Yeshiva University W. Arsenio

2017 Leah Rubin Yeshiva University C. Auerbach

2017 Amy Withers New School for Social Research J. Safran

2017 Alex Buckner Yeshiva University M. Rock

2017 Erica Kestenbaum Yeshiva University M. Rock

2017 Leon Gellert Yeshiva University C. Auerbach

2016 Caitlin Conroy Yeshiva University C. Auerbach

2016 Jenny Merkin Yeshiva University S. Goldklank

2016 Timothy Miller Yeshiva University C. Auerbach

2016 Ruh Fure Yiu Yeshiva University M. Rock

2016 Ross Mendlinger Yeshiva University M. Rock

2016 Stephanie Lemor Yeshiva University A. Van Meter

2016 Jonathan Eng Yeshiva University W. Arsenio

2015 Elon Gersh University of Melbourne A. Chanen

2015 Erica Silberstein Yeshiva University W. Arsenio

2014 Lauren Glick Yeshiva University R. Zweig

2014 Rachel Karnovsky Yeshiva University M. Rock

2014 Bruna Rieder Yeshiva University M. Rock

2014 Elise Welton Yeshiva University W. Arsenio

2014 Arianna Brandolini d’Adda Yeshiva University C. Auerbach

2014 Kelly Bolger New School for Social Research J. Safran

2014 Jillian Russo Yeshiva University W. Arsenio

2013 Landon Zaki Yeshiva University J. Schumpf

2013 Alina Feyder Yeshiva University R. Zweig

2013 Deborah Krishnan Yeshiva University M. Rock

2013 Margo Kakoullis Yeshiva University R. Zweig

2013 Payal Mapara Yeshiva University R. Zweig

2013 Allison Mitchell New School for Social Research J. Safran

2013 Deniz Kalyon Yeshiva University W. Arsenio

2013 Nora Moore Yeshiva University J. Pachankis

2013 Yael Cukier Yeshiva University, Health C. Swencionis

2012 Minette Russell-Irace Yeshiva University C. Auerbach

2012 Patty Biggins-Zeff Yeshiva University R. Zweig

2012 Kate Schnay Yeshiva University W. Arsenio

2012 Dan Sullivan Yeshiva University R. Zweig

2012 Maggie Wood Yeshiva University S. Goldklank

2011 Sarah Chung Yeshiva University M. Rock

**CLINICAL SUPERVISORY EXPERIENCE**

2008-present Brief Psychotherapy Research Program, Mount Sinai-Beth Israel Medical Center