

ROBERT A. FARRELL, PH.D., ABPP

10 Grace Avenue • Suite 6 • Great Neck • New York • 11021 • 631-891-9715

7 Laura Court • Mount Sinai • New York • 11766 • 631-891-9715

EDUCATION

- 12/07 **Diplomate (Board Certification) in Group Psychology**
- 4/07 **Adelphi University**, Garden City, New York
Post-Doctoral Certification in Group Psychotherapy
- 6/98 **Adelphi University**, Garden City, New York
Post-Doctoral Certification in Psychoanalysis and Psychotherapy
- 1/90 **Long Island University**, Brooklyn, New York
Ph.D. Clinical Psychology
- 9/78 - 6/80 **City College of the City University of New York**, New York, New York
M.A. Program in Physiological Psychology
- 1/77 **City College of the City University of New York**, New York, New York
B.A. Psychology

PROFESSIONAL EXPERIENCE

- 9/90 - Present **Private Practice**
10 Grace Avenue, Suite 6
Great Neck, New York 11021
and
7 Laura Court
Mount Sinai, New York 11766
- Provide psychotherapy, psychological evaluations, and consultations for adults, couples, adolescents, and groups
 - Supervise doctoral students in psychotherapy and assessment
- 9/16 - Present **Director Psychotherapy Center Derner Institute for Psychoanalysis**
Post Graduate Program in Psychoanalysis and Psychotherapy (Adult)
Derner Institute
Adelphi University
Garden City, New York 11530
- Supervise and oversee all clinical materials for students

- Oversee academic, administrative, and budgetary aspects of Center
- Conduct case conferences and seminars

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- Screen all prospective patients to Center and assign to Therapist
- Evaluate ongoing progress of students with Program Directors

6/96 – 6/15 **Consulting Psychologist**

Ozanam Hall of Queens Nursing Home
42-41 201st Street
Bayside, New York 11357

- Diagnose and evaluate residents' level of psychopathology and their appropriateness for psychotherapy
- Provide individual psychotherapy to residents who suffer from depression, adjustment disorders, and other maladies associated with the aged
- Consult with family members of residents to help them better cope with the struggles and stresses of having a family member in a nursing facility and accepting the realities and limitations of such a life
- Conduct in-service seminars with all staff to increase awareness of psychopathology and appropriate response to it

9/07 - Present **Adjunct Professor**

Post Graduate Program in Psychoanalysis and Psychotherapy (Adult)
Derner Institute
Adelphi University
Garden City, New York 11530

- Conduct theory based courses emphasizing the works of Klein, Bion, Fairbairn, and other object relations/relational theorists (Class Title: British Object Relations Theorists)
- Conducted case conference seminars designed to sharpen students clinical skills and highlight the juncture between theory and practice
- Conduct ongoing process groups to illuminate and demonstrate the technique and theoretical underpinnings of group psychoanalysis
- Participate in staff meetings to modify and adapt course work, identify areas of need, and evaluate the progress of students
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9/08 - Present **Adjunct Professor**

Post Graduate Program in Group Psychoanalysis
Derner Institute

Adelphi University
Garden City, New York 11530

- Instruct students in theory and clinical application of group psychoanalysis (Class Title: Introduction to Theory 1)
- Conduct process groups to further demonstrate technique and theory
- Written assessments of students strengths and weaknesses

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9/99 – 9/08 **Adjunct Professor**

Doctoral Program in Clinical Psychology
Adelphi University
Garden City, New York 11530

- Conduct case conference seminars with second and third year students supervising and critiquing their current patient treatment
- Conduct process groups for first and second year doctoral students
- Supervise individual second and third year students in their ongoing treatment of patients

9/06 – 6/18 **Adjunct Professor**

Clinical Psychology Doctoral Program
CW Post / Long Island University
Brookville, New York 11548

- Conduct Group Psychotherapy course for third year doctoral students (Class Title: Group Psychotherapy)
- Created syllabus for course which passed University peer review
- Conduct an experiential group for the second half of the course
- Grade student performance, progress, and provide Dean with evaluations

9/98 - 6/99 **Adjunct Professor**

Doctoral Program in Clinical Psychology
St. John's University
8000 Utopia Parkway
Queens, New York 11439

- Supervised second year doctoral students in theory and technique
- Observed students conducting psychotherapy through one-way mirror and provided immediate supervision via telephone then extensive and in depth supervision post session
- Evaluated, edited, and critiqued students' written clinical materials
- Evaluated students' progress and interacted with Program Director

3/91 - 9/96 **Senior Psychologist**

Ward 01 (Psychiatric ICU)
Nassau County Medical Center
2201 Hempstead Turnpike
East Meadow, New York 11554

- Conducted psychodynamic group psychotherapy with patients on the unit
- Provided individual supportive psychotherapy to patients on unit
- Supervised externs, interns, and residents overseeing all aspects of their clinical and administrative duties

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- Presented ongoing seminars to interns and residents
- Presented case studies and topical material to Departmental Grand Rounds
- Conducted seminars for multi-disciplinary team members on a variety of in-patient psychology topics
- Conducted weekly supervisory meetings with ward PCAs (physician care assistants) to help insure a better quality of care on the unit
- Performed psychological assessments of patients on the unit in order to clarify diagnosis and establish appropriate treatment plans and aftercare
- Participated in daily team meetings to discuss each patient's progress and discharge plan, etc.
- Performed and observed intake interviews on all new admissions to the unit to diagnose and create appropriate treatment plans

10/90 - 7/91 **Staff Psychologist**

Angelo J. Melillo Center for Mental Health
113 Glen Cove Road
Glen Cove, New York 11542

- Provided psychodynamic psychotherapy to the elderly, adults, adolescents, children, and couples from variety of diagnostic categories
- Provided psychological evaluations for same population
- Supervised externs in psychotherapy and psychodiagnostic evaluations
- Participated in agency lectures, meetings, case conferences, and quality assurance work

8/87 - 10/90 **Staff Psychologist**

NYC Police Department

Psychological Services Unit
One Lefrak City Plaza, 15th Floor
Rego Park, New York 11368

- Conducted structured interviews with potential police officers to determine psychological suitability for police work
- Conducted fitness-for-duty evaluations of current employees
- Assessed police officers to determine psychological suitability for promotions and special assignments
- Provided trauma debriefings for officers involved in shootings or other stressful situations to determine PTSD reactions and psychological suitability to continue on full duty with firearms
- Provided 24-hour on-call crisis intervention to police officers

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- Delivered presentations at the Police Academy on stress and stress management to upper level police personnel
- Vigorously participated in various research projects including the development of new screening procedures and rating systems

7/86 - 7/87

Psychology Intern

Nassau County Medical Center
2201 Hempstead Turnpike
East Meadow, New York 11554

- Provided individual psychodynamic psychotherapy to adults and children in both outpatient and inpatient settings
- Provided couples treatment
- Co-led outpatient Day Hospital group
- Co-led inpatient groups on ICU and other locked units
- Performed psychodiagnostic evaluations on inpatient and outpatient populations of all ages
- Conducted intake evaluations in outpatient clinic

7/85 - 6/86

Psychotherapist

New Hope Guild Center
Howard Beach, New York 11414

- Performed psychodiagnostic / psychoeducational assessment on children and adults (ages 5-80)
- Provided ongoing psychodynamic psychotherapy to an outpatient population of varied age groups and diagnostic categories

RESEARCH EXPERIENCE

9/76 - 6/81 **City College of the City University of New York Behavioral
Physiology Laboratory**

New York, New York

- Performed small animal stereo-taxic surgery and other surgical procedures on lab animals
- Performed neuro-histology to locate and describe effects of interventions
- Assisted in the design and construction of innovative electromechanical equipment
- Performed interventions and collected data for NIMH-funded animal studies and doctoral dissertations
- Conducted a series of seminars on physiological psychology to undergraduate and masters level students

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PUBLICATIONS

Gimino, F., Farrell, R., Temple, A., Steiner, S.S., & Ellman, S.J. (1980)
*The Site Specific Effects Of Naloxone Hydrochloride On Intracranial Self-
Stimulation Rates In The Rat*
PSYCHOPHARMACOLOGY, September 1980

Nelson, W.T., Steiner, S.S., Brutus, M., Farrell, R., & Ellman, S.J. (1981)
Brain Site Variations In Effects Of Morphine On Electrical Stimulation
PSYCHOPHARMACOLOGY, June 1981

PRESENTATIONS

Farrell, R. (2015)
*The Internal World: What is it? How do we access it? What do we do
with the information received from it?*
Nassau University Medical Center, Department of Psychiatry and
Psychology, INTERN SEMINAR SERIES, June 2005 - present

Billow, R., Eig, A., Farrell, R., Stern, L. (2014)
Processing Process: Learning from Emotional Experience
AMERICAN GROUP PSYCHOTHERAPY ASSOCIATION, Annual
Conference, March 2014

Farrell, R., O'Donnell, J., Kingsley, G., Herskovits, J. (2013)
Take Two: Perspectives on Supervision

ADELPHI UNIVERSITY, DERNER INSTITUTE OF ADVANCED
PSYCHOLOGICAL STUDIES, December 2013

Seligman, S., Farrell, R., Tedeschi, M., Zentman, M. (2012)
The Transformative Impact of the Therapist-Patient Relationship
ADELPHI UNIVERSITY, DERNER INSTITUTE OF ADVANCED
PSYCHOLOGICAL STUDIES, May 2012

Halperin, J., Stern, Y., Burt, R., Farrell, R., Pavlides, C., Steiner, S.S., &
Ellman, S.J. (1979)
*Alterations In Feeding Behavior Following Dorsal Brain Stem Lesions
In Rats*
SOCIETY FOR NEUROSCIENCES, November 1978

Nelson, W.T., Brutus, M., Wilson, J., Farrell, R., Ocheret, D., Ellman, S.J.,
& Steiner, S.S. (1977)
Effects Of Morphine On Intracranial Self-Stimulation In Rats
SOCIETY FOR NEUROSCIENCES, May 1977